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# Upper Wensleydale Newsletter Issue 173—September 2011

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### Published by

The Upper Wensleydale Newsletter  
Burnside Coach House,  
Burtersett Road, Hawes DL8 3NT  
Tel: 667785 Fax: 663559  
e-mail:alan.watkinson@virgin.net

**Newsletters on the Web, 2003-09 simply enter "Upper  
Wensleydale Newsletter" in, say, Google.**

Printed by Peter C. Wood and ASW  
and collated, folded, stapled by  
newsletter volunteers at the  
Wensleydale Centre, Yorebridge, Askrigg

**Committee:** Alan S.Watkinson,  
Barry Cruickshanks, Sarah Dinsdale, Sue E .Duffield,  
Sue Harpley, Adrian Janke, Alastair Macintosh,  
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## Editorial

Upper Wensleydale is a long way from Tottenham or the inner suburbs of Birmingham but over the past couple of weeks we cannot fail to have reacted. That reaction might well have been outrage, fear, anxiety, worry, disbelief or sadness, 'mindless' or 'copycat' but we cannot escape the fact that we are all members of the same country and cannot simply opt out by saying how lucky we are up here, or how far away, or we're not like that, or what has it to do with us.

The truth is, it has everything to do with each one of us. By our reaction to events or by the way we discuss them with our friends and neighbours, we can either pass on useful comments and observations, ask questions about how we might help, or we can pile more fuel on the fires of hatred or anger.

We don't know whether there will be more riots and serious unrest, or whether the shock will cause everyone to take a step back, but what we do know is that the blame game is of little use. Politicians seem to blame the police; the police blame lack of resources; 'good and responsible' parents blame other parents; plenty of people blame the schools. The right wing press blames the liberal political correctness; the more liberal blame the ranting 'bang 'em all up' brigade, "then they come out worse than before!" Many people blame poverty, deprivation and the lack of jobs. Others see the real evil in drugs and gangs; and it's an easy target to blame immigrants.

And all this does no good at all.

That is not to say that some of the above are not part of the problem. But for our purposes it might be worthwhile looking a bit wider at what are very complex issues.

Firstly, not all the rioters were young, though most were; they were not all poor by any means. The truth is that if people perceive there is great unfairness, they may well react. For example: politicians have done themselves no favours with their greedy expenses claims. The bankers with huge bonuses on top of high salaries cause offence to many. It is hardly a good example when police chiefs themselves are up to no good, some newspapers are involved in the most underhand tactics, some TV programmes and computer games feature gratuitous violence and certain areas drip with over-the-top affluence.

But hang on; what about the 'something for nothing' culture that we all like; the tax evasion which goes on (some think it far more respectable than benefit scrounging), bogus insurance claims; the lack of respect in our dealings with others. Criminal or anti-social activity comes in many guises. Vengeful and vicious talk and the spreading of hatred can themselves lead to violence.

Have we all become more greedy? More acquisitive? More selfish? More individualistic? More 'leave it to the professional or the authority'? More willing to 'turn a blind eye' when we could have risked taking responsibility? They simply called it 'I'm all right Jack' in the past. Many people are brilliantly community and socially minded (witness the rallying round to clear up the debris after the riots), giving their time and money to local youth projects and local activities, and even now only a minority stoop to rioting but maybe we all need to take a look at ourselves and ask whether we help or hinder in the building up of our society. It may well be that in the next few weeks something else will take everyone's attention but we mustn't be distracted from working constantly to strengthen our communities.

**DEADLINE FOR THE  
OCTOBER ISSUE:  
THURSDAY SEPTEMBER 22nd**

### Letters

Dear Sirs,

I read with disgust in the latest Newsletter about NHS fraud. I suppose it would be too simple and too expensive for the Government to adopt an easy system.

Why not have two prescription pads, one in white for those who pay and one in pink for those who don't.

Yours faithfully,

**H. Sharpe (Mrs), nr. Rugby**

Eunice the Ewe



I was in 'Cut me Kate' on page 25 The winner of the £10 prize was  
Where am I this month?

### **EUNICE AND COMPETITION ENTRIES**

**Please send these by the MONDAY of  
the deadline Thursday week to  
Burnside Coach House, Hawes,  
DL8 3NT**

**or by phone: 667785  
or email: alan.watkinson@virgin.net**

This is so that winners can be selected at  
our monthly committee meeting held  
during that week.

## **Police Report**

When I came to work for eleven to seven nights today (16/8) I soon learned that my colleague on the shift prior to me had seen a green quad bike being driven without lights directly behind a 4x4 at Wensley. Unfortunately by the time he managed to turn around both vehicles were lost. At the time I am writing this (a few hours later) no report has yet been received of a stolen quad but the circumstances suggest a report will follow.

A reminder to all quad owners -please do your best to secure them after use and do not leave the keys in them or nearby. Lets make it harder for these criminals to take away our possessions.

The most common crime on our patch this month is that of criminal damage or as most of it seems to have been – vandalism. Two things come to mind as possible causes- drunkenness or bored “children”. Why drunks should want to attack inanimate objects is beyond me. The second issue is one for parents – make sure you know what your offspring is up to. This is a message the government seem to be banging the drum about following the recent riots.

There have also been several vehicles attacked and items stolen from within. Let us remove the opportunity and temptation for the criminals by not leaving valuables in vehicles.

There have also been a few burglaries around Wensleydale, both house and commercial. None have yet occurred in the upper dale, however please remember to secure your home/business and neighbours please be vigilant and report any untoward activity promptly to us.

**Road Safety.** The majority of complaints coming back to the Police from Community Meetings concern the use of motor vehicles. The primary complaint is that of

speeding – be that real speeding or perceived. We respond to complaints and target the areas where we are told that the problems most occur. I’m sure as you drive around Wensleydale and Swaledale you will see us pointing the devices we use at passing traffic – we are highly visible in day-glo yellow. One common retort when people get stopped is “Haven’t you got anything better to do?” In short the answer is “NO”. We are responding to issues raised in community consultation and if you speed then expect to be dealt with. **SPEED KILLS** so keep to the limits.

The second most common complaint is that of vehicles being parked or often more likely abandoned inappropriately. Don’t park your vehicle on double yellow lines (no waiting at any time) or in the case of Hawes the single yellow line (no waiting between 8am and 6pm for the May to October dates shown on the plate) unless you have a disabled badge and are displaying it appropriately. Nipping into the shop to buy your weekly shopping is not an appropriate excuse. The lines are there to assist in free flow of traffic.

If you have any information about any crime or suspicious activity please get in touch.

Many Thanks for your continued support.

**Andy Foster PC826**

**Leyburn Safer Neighbourhood Team**

**Wards of Addlebrough and Hawes&**

**High Abbotside**

**0845 60 60 247**

**SNTLeyburn@northyorkshire.pnn.police.uk**

### **Calling all Aysgarth Singers!**

Are you interested in joining a mixed-voice choir that is friendly and good fun? With a strong emphasis on 'enjoyment for everyone', the Aysgarth Singers meet every Tuesday 7.30-9.00pm in the Aysgarth Institute, from September to April. There are no auditions and everyone is welcome. We have 47 members and Stan Roodcroft is our musical director. Please come along and try us out! Our autumn rehearsals begin on September 6th. We hope to see you there. For any more details please ring:

**Di Clegg 666059**

### **Agincourt Battle at Middleham!**

On 25<sup>th</sup> October 1415, a bedraggled English army under King Henry V confronted a French army that outnumbered it by at least four to one, and possibly more. Four hours later, the English were victorious and the fields of Agincourt were covered with heaps of corpses, almost all of them French. How did this happen?

That is a question which the prize winning author Juliet Barker will answer in a talk at the Middleham Key Centre on **Friday October 21<sup>st</sup> at 2.00 p.m.** Middleham is twinned with Agincourt and the talk is arranged by the Middleham Town Twinners' Association in collaboration with the Middleham and Dales Local History Group

All are welcome: Admission £5, to include tea/coffee. Pay at the door.

### **Pilgrimage to Ampleforth Abbey and Stanbrook Abbey**

Very limited places may still be available for this visit, organised by Wensley Deanery, for which there will be pick-up points along the Dale.

Confirmed bookings are needed by **Thursday 1st September** so there's not

much time left. Details and booking forms are available from churches throughout the Dale or by calling Glyn Hopper on **01845 567462**, Robert Hall on **623012** or Jackie Warden on **623789**.

### **Rocking Horse Winner**

**by D.H.Lawrence**

This is the title of the North Country Theatre's production to be performed in West Burton village hall on **Thursday September 29th at 7.30pm.**

Tickets are available from **Sally Stone, 663753.**

## **Shape Up!**

Brand new to the upper dale this September (12<sup>th</sup>) is a weight management programme called **Shape Up**. This programme combines weight loss with optional Zumba classes and will take place every **Monday at 6.15pm at Hawes Market Hall**.

The programme is designed to create sustainable long-term weight loss with individual sessions included to personalise your eating plan. In addition to the weekly weigh-in there will be sessions on low fat snacks, portion sizes, food labelling, how to stay motivated and avoid the dreaded 'plateau', free resources to help you stay on track and the chance to buy healthy snacks.

After the session there is the opportunity to take part in the Zumba class from 7.30pm at a cost of £6 if both are attended, or £4 if either Shape Up or the Zumba class are attended. Ring **Lesley on 650398 or 07989 365363** to find out more or register your interest.

Come along and try it – the only thing you have to lose is the weight!

**Lesley Williams**

### **Shape up for men:**

From **September 12th**

Zumba: **Mondays 7.30– 8.30pm** Hawes Market Hall

Zumba Toning: **Thursdays 7.30-8.30pm** Hawes School

Pilates: **Thursdays 6.00-7.00pm** Askrigg Gym.

## **Grants Available**

The Trustees of the Yorebridge Education Foundation have asked me to place an advert in the Newsletter regarding a small bursary for local school leavers going on to higher education. They should write a letter to **Mr. R Tunstall at Low Green House, Thoraby, DL8 3SZ** explaining their study details and what the money would be used

for before November.

**Christine Lambert, Clerk**

### **Hawes Area Christian Aid**

The total raised for Christian Aid in May this year came to £1350-87. This sum is the result of a lot of hard work by those people who organised a coffee morning, took part in a united church and chapel service and, most crucially delivered envelopes around the district.

We had the highest number of volunteers ever this year, and as Treasurer I would like to thank everyone who contributed to helping raise such a large sum of money for such a worthy cause. Special thanks are due to Pearl at Barclays Bank, Hawes and to Margaret Iveson who worked with me to rework the collection rounds to ensure that none of the collectors felt overburdened.

And to all those men and women who took the time to deliver and collect envelopes, thank you for your generosity. Thank you also to everyone who put something into one of those envelopes. Your kindness is greatly appreciated.

**Susan Bassnet**

## **Kirkby Stephen Grammar School**

**Year 6 open evening  
Tuesday October 4th from 6.45pm**

All parents and students are invited to attend; we hope this will help you to make the right decision about secondary school education.

You will find out about what the school can offer:

Consistent academic success.

Personalised pastoral support.

Excellent transitional support.

Extra-curricular activities.

New transport arrangements from and to Hawes for the new school year.

There will be opportunities for questions and a tour of the school; and refreshments.

For more information: **Janette McWhirter**

**01768 371693** or:

[admin@ksgs.cumbria.sch.uk](mailto:admin@ksgs.cumbria.sch.uk)

## **Beauty and the Beast**

Rehearsals for this year's pantomime start on **Thursday 6th September**. Don't worry if you can't attend the first one; we will be meeting every Tuesday and Thursday thereafter, **7.30pm** at the Wensleydale Centre, Askrigg. Just come along if you would like to be involved either on or off stage. We need help with all aspects of our next production, costume and prop makers, back stage helpers, technicians, as well as helpers with refreshments and make-up as well as actors, singers dancers and musicians. If you are 7 years old or over please get in touch, no experience necessary.

Thank you,

**Jennifer Fawcett**

### **95th Moorcock Show**

**Saturday 3rd September 2011.**

Why not bring the children and have some fun in the ball pool at the Moorcock Show, one of the Dales traditional sheep shows.

Not only will you be able to watch the judging but also learn about local breeds such as Swaledales, Blue Faced Leicester, Mule Gimmers, Texcels and Rough Mountain Sheep, you can also be a part of an interactive sheep judging competition. There will also be local craft stalls and exhibitions, competitions and a vintage tractor display. The Moorcock Show promises a good day for everyone, and will start at **noon** at Mossdale, about one and half miles the Sedbergh side of Appersett on the A684.

### **Leyburn Bowling Club**

**Upper Wensleydale's only  
outdoor bowls club**

Coffee Morning - On Friday 9th September Leyburn Bowls Club are holding a coffee morning in the Methodist Hall from 10.00am to noon, admission £1. As well as tea and biscuits there will also be a tombola, cake stall and bric a brac stalls.

Bowls - The Club are holding their annual Finals weekend on Saturday and Sunday 10th and 11th September from 11.00am each day. A total of 7 finals will take place over the 2 days and spectators are welcome to come along and watch the games at any time free of charge.

Refreshments will be available at a nominal charge.

The Bowling Club is situated on Moor Road, Leyburn ( 100 yards past the Library on the left hand side ).

**Mervyn Buckley, secretary**

**Volunteers Wanted for  
Community Transport Scheme  
Richmondshire and Hambleton**

Volunteer operated services are set-up across the two district helping people get to and from doctors and hospital appointments, visit relatives, attend day care, etc.

Most of the work is local; helping people who may be ineligible to use Ambulance Patient Transport or unable to access public or private transport owing to their age, impairment or where they live.

We welcome new volunteer drivers, as we can always do with more people to help continue this important local support service.

*Volunteering can be very rewarding...  
meeting new and interesting people,  
helping people in your own local  
community,  
assisting with this vital rural isolation  
support service make someone's day*

*Do you know that almost 20% of people across Richmondshire do not have access to a car and that this increases after retirement. Volunteer drivers completed well over 4000 drives in 2010. A fifth of residents in Richmondshire have no scheduled or regular bus service passing near their home*

Do you drive? Do you have some time to spare yourself or even know someone who could help out as a volunteer driver? Giving an hour or two every now and then really makes all the difference!

A mileage allowance of 45 pence per mile is paid to all volunteers – to help with the cost of fuel, maintenance and running costs. Richmondshire CVS and the Volunteer Centre offers full support, training and help to our valued volunteer drivers, including dealing with necessary CRB

checks, etc.

Please contact **John 01748-822537** or [john.rcvs@virgin.net](mailto:john.rcvs@virgin.net) for a chat or to request a leaflet or more information.

**Hawes Carpet Bowling Club**

The Hawes Carpet Bowling Club meets every Tuesday at 7.30 pm in the Market House. New members (male and female) are always welcome. No previous experience necessary, so why not come along and have a go – you might have a hidden talent or just enjoy the company. Ring **667458** if you have any queries.

**B.C**

## Prunings

### *A personal take on Plants, Propagating and other related rural ramblings.*

My grandfather, himself a very distant memory, would stride out of the kitchen door, inhale deeply and pronounce, "Smells cold." Temperature, scent, dampness, they all spoke volumes to him. He had been a professional gardener all his life, and he judged the weather by how he felt.

I listened to a discussion on the radio and a blind lady explained so succinctly how her sense of smell compensated for her lack of sight, using her recent experience of an



early morning walk she illustrated why the smell of damp woodland had become one of her favourites. I am fascinated

by the intermingling of scents and memories, and the aroma of the tomatoes in the polytunnel remind me of the first ones in my first greenhouse too many years ago to count. Some tree felling close by has culminated in bonfires of brushwood and the occasional waft of wood-smoke is the inexorable reminder that Autumn is hard upon us.

September is the time for reaping the rewards for all that effort if you are a veg. grower, and if like me, you major on sight and scent then you still can feast on the blowsy luxury of the Dahlias and Hydrangeas, or soak up the perfume of Lavender and Buddleia.

There is a great deal to do of course: dead heading will prolong the flowering of so many plants. Quite a few of the perennials which are past their best will have formed large clumps and September is a good time

to split and replant them as they will have plenty of time to re-establish themselves before the winter. As insurance I like to make certain that I have at least a couple of new plants of anything that has been particularly impressive. I'll also make sure that I have taken cuttings of all the less than hardy, or suspect perennials. I really don't want to have to buy anything that I could have saved.

Some years ago I discovered a Scotch Thistle growing in a corner. I had no idea where it had come from, but it grew into the most enormous spectacular specimen. Eventually it finished up on the bonfire and I regretted that I had not saved seed as they are biennial, and I assumed I had lost it. Not so; this year a new one has appeared, not quite as large as its predecessor, but this time I have saved some seed and will grow some for the plant stall. They'll need to carry a warning about how big they can grow however.

We can expect some chilly nights as the month progresses and I usually find I have not finished cleaning up the greenhouse before I need to start putting my favourites back in to protect them. Many of the shrubs in pots will need to be moved up a size or two if they are to remain happy and healthy and the recently rooted cuttings won't get through the winter unless they have at least a litre of compost to grow in. To make it less expensive I mix commercial compost with home made compost and sieved topsoil. To this I add appropriate measures of slow release granular fertiliser and Perlite. With this type of mixture I don't need to do much additional feeding. The only drawback is my husband's evident disapproval when he discovers that I have done the mixing in his concrete mixer.

Good luck! And whatever you grow, take time to enjoy it.

**Rose Rambler.**

### **David Gall Solicitors**

#### **secure Law Society's new quality mark**

David Gall Solicitors in Hawes, have secured membership to the Law Society's *Conveyancing Quality Scheme* - the mark of excellence for the home buying process.

They underwent rigorous assessment by the Law Society in order to secure CQS status, which marks the firm out as meeting high standards in the residential conveyancing process.

Law Society President John Wotton said that the Law Society introduced CQS to promote high standards in the home buying process.

Buying a home is one of the largest purchases anyone will make in their lifetime, so it is essential that it is done to the highest standard by a Solicitor. There are many different conveyancing service providers out there, making it difficult for home buyers to identify those which can ensure a safe and efficient level of service.

Partner, Alastair Birtles says: "David Gall Solicitors are delighted to have secured CQS status. It is recognition of the high standards we provide to our residential property clients and is a signal to future home buyers of the excellent service we provide at what is often a stressful time for many people.

The overall beneficiaries will be clients who use David Gall Solicitors when buying a home. They will receive a reliable, efficient service as recognised by the CQS standard.

The scheme requires practices to undergo a strict assessment, compulsory training, self reporting, random audits and annual reviews in order to maintain CQS status. It is open only to members of the Law Society who meet the demanding standards

set by the scheme and has the support of the Council of Mortgage Lenders, the Building Societies Association, Legal Ombudsman and the Association of British Insurers.

### **The Upper Dales Mobile Skip Service**

**Saturday September 17th  
Aysgarth Village Centre  
11.30 am - 1.00 pm**

Refuse including large bulky items and recycling materials including plastic and cardboard all welcome.

Enquiries -  
County Councillor John Blackie  
**0796 758 9096**

### **Back to the Land Girls**

A new comedy.

Written and directed by Kate Bramley (ex-Hull Truck Theatre)

Original music by Jez Lowe (Radio 2 SONY ACADEMY AWARD winner)

Starring Sam Edwards and Abigail Uttley

listen to sacred items by the choir and the band. Supper will be served at the end of the concert, which will proceed without interval for about one hour and twenty minutes. Tickets including supper are £6, from choir or members. Or just turn up on the day.

### **Dales Countryside Museum**

**Thursday October 6th at 7.30pm**

**Tickets £8.00: 666210**

*'Some girls just aren't cut out for farming...'*

It's 1942, and there are some new arrivals in the village. They're turning heads and breaking hearts as the fine girls of the Women's Land Army take to the hills. Buff is a city girl dreaming of being 'just like Vera Lynn', while Bidy is a country girl who is 'now't but a hopeless romantic'. Join them on a journey of blisters, back-ache and banter as they learn all there is to know about working on the land.

This brand new show is the latest comedy two-hander from Badapple's resident writer as she celebrates the highs and lows of the wonderful women who helped keep Britain fed during World War II, set against a backdrop of glorious music of the age, as well as new tunes by songwriter JezLowe.

Although a fictional tale this play owes much to the reminiscences of a number of Land Army Girls who contributed their own personal stories to this exciting new comedy.

### **Sankey and Friends –**

**Friday 30<sup>th</sup> September at 7.30**

**in Gunnerside Chapel.**

A special event in aid of  
Gunnerside Chapel

Muker Silver Band and Gunnerside choir join in inviting you to come along and sing favourite hymns, by Sankey and others, and

## **Sales Table**

### **Sunday 18th September**

St. Andrew's Church, Aysgarth

As part of fund raising it is planned to have  
a regular sales table in church –

Contributions for the home-made produce  
are required e.g. bread, cakes, biscuits,  
scones, jams and other preserves or items  
of craftwork.

Reimbursements of the cost of ingredients  
will be offered.

For further info please contact Pat Hesketh  
**663420**

## **Gayle Mill**

### **DEMONSTRATION DAY:**

**September 4th** .Tours at **11.00am and**  
**2.30pm** (last approx. 2 hrs)

Special Guided Tours + demonstrations of  
water powered Victorian woodworking  
machinery.

Admission £10 adult, £5 child (including  
refreshments) Booking advised: **667320**

[www.gaylemill.org.uk](http://www.gaylemill.org.uk)

**Exhibition  
at the National Park offices  
Yoredale, Bainbridge**

**Paul Harris**  
**“Crossings”**  
Intimate landscapes from  
the Upper How Stean Gorge, Nidderdale

**September and October**

**8.30am to 5.00 pm Monday to Friday**

Paul Harris first came to live Nidderdale fourteen years ago and in a bid to tell a much more intimate story about a landscape close to home, he has deliberately drawn on the exquisite detail of line, colour, shape and form, which inhabit the small yet dramatic Upper How Stean Gorge. These images seek to celebrate, inform and satisfy our need for a continuing relationship with the rural environment and wildness of nature we have come to know and love.

For more information telephone  
**Lesley Knevitt 652326**

**Bolton-cum-Redmire PCC's  
Church Coffee Club**

**Wednesday 7<sup>th</sup> September 10:30am to  
12 noon**

Gordon Lodge, Redmire (Anne & Anthony  
Day **624171**)

**Hawes Methodist Church  
Memorial Organ Recital**

The memorial organ at Hawes Methodist Church was donated in remembrance of those who had lost their lives in the 1914-18 war. I could not help feeling what a fitting tribute it was that the recital was given by a one-time organ scholar from Uppingham School, which, as Vera Brittain's autobiography has so recently reminded me, lost some of the finest flower of Britain's early manhood to the battlefields of the Somme and elsewhere, amongst whom her fiancé Roland Leighton, an already talented poet, and her brother, Edward Brittain, otherwise destined to become a great violinist and possibly composer. The recital was a testimony to the indomitable spirit that lives on and inspires, in spite of man's enduring greed, stupidity and brutality to man. Pieces like Howell's 'Psalm Prelude' and Gigout's 'Communion' seemed to articulate this message with a particular poignancy.

The recital demonstrated not only Edward Taylor's own virtuosity as an organist, but also the virtuosity of the organ as a multi-voiced instrument. The programme had been devised so as to bring out this range and versatility, ranging from J.S. Bach to Francis Jackson of York and including some of his own favourite French pieces - he is a particular devotee of French organ music. A very appreciative audience ensured there was an encore. This was Vidor's popular and (in this case) spellbinding 'toccata' which Edward Taylor referred to affectionately as his 'lollipop piece'.

Edward Taylor - currently assistant organist at Carlisle Cathedral - assured me after the recital that it had been an excellent experience playing on such a fine organ. The only problem, he said, was that being slight of stature he had at times had difficulty with the pedalling. This may go part way to explaining why, watching his leg movements was at times a mesmerizing experience. Thanks are again due to Alan Watkinson, organist at HMC, for organising the recital, the 4th in the series of occasional recitals, as also for his involvement in the organisation of the recent art lecture.

**Margaret Parry**



We are delighted to be starting brand new fitness classes this September. Come along and see what difference they can make to your fitness levels!

**From week beginning September 12<sup>th</sup>**

**Body Max Junior – Monday 12<sup>th</sup> from 6.30pm-7.30pm.** A coached session for ages 12 and upwards. Get fit in the gym using a mixture of cardio-vascular machines, free weights, gloves and pads work.

**Bootcamp – Tuesday 13<sup>th</sup> from 7.00 to 7.45am.** Prefer to be outside? Then start your day with a fitness session before work or school and exercise outside...whatever the weather! Using tyres, kettlebells and other equipment, increase stamina, fitness and strength with a shorter, more intense class to kick start your metabolism for the day and increase energy levels. Have a well deserved shower afterwards!

**Body Max Adults – Wednesday 14<sup>th</sup> from 6.30- 7.30pm.** Use steppers, gloves and pads, medicine balls and other equipment in an effective workout to increase CV fitness and muscle strength and tone. Work to your own level to get the maximum effect from the minimum time.

**Clinical Pilates – Thursday 15<sup>th</sup> from 6.00-7.00pm.** A conditioning class for the whole body which strengthens and realigns, improves posture and breathing and increases flexibility. Core stability (the abdominal/back area) is increased thereby giving protection from injuries and bad backs.

**From week beginning September 19<sup>th</sup>**

**Chair based exercise – Monday 19<sup>th</sup> from 10.30-11.30am.** Is there something you could do last week/month that you can no longer manage? Come along to a chair based exercise class to help you live your

life to the full and get back on track. This will improve your posture, prevent falls and help with mobility.

Please note our ever popular **Gentle Exercise** class for the over 50s continues to run on **Fridays, 10.00-11.00am from September 9<sup>th</sup>**. This helps to strengthen muscles, maintain co-ordination, flexibility and body tone and caters for all levels of physical ability.

All classes are £4 per session (£2 for premier gym members) except for Body Max –Junior which is £2 (free for junior gym members). For queries or bookings on any of the above, please ring Jan on **650060** or **07968 606571** or email [admin@yorebridge-sport.co.uk](mailto:admin@yorebridge-sport.co.uk)

## Summer Crossword Answers

## Competition

The answer to 8 down to which several clues referred is Yorkshire's Dales.

### Across

1. Preview
5. Wensley
9. Aspen
10. Never
11. Be; Farn
12. Lothers
14. Rain
15. Dilettanti
18. Does resits
19. Acre
21. Tripoli
23. Any road
24. Breve
25. Under Phil
26. Estelle
27. Ribbles

### Down

1. Plan
2. Expletive
3. Ionian
4. Women's Institute
5. Wheel; Dent; Calder
6. Non-state
7. Levee
13. Creditable
16. Necrophil
17. Arboreal
20. Eye rib
22. Inert
- The winner of the £50 prize is

### Items of clothing.

1. In the west of Wales
2. Speciality of barristers?
3. In it he lives to old age
4. Biggest C.I.
5. Sour rest
6. Leyburn has one
7. You'll have to be in Gordale Scar for a view of it.
8. Could blow off when making his delivery
9. Might be so blue
10. The back part of the circle carries the tax
11. Flea? Hurdler?
12. As we thirst.

The winner was **Heather Pearson** from Preston under Scar.

## **The Wensleydale Railway**

**Steam and More Steam!** The steam season has been extended from September 5 into October so this means a revised timetable will operate in the early autumn, with extra steam train services – please check dates and times with care before travelling! Special events include the **Jazz Express** on September 17 (book very early – there will be Rail Ale on board) and **Diesel Gala 2** from September 23-25 (a turn up and go service)

**The Rock Jigsaw and Fossils of the Yorkshire Dales** is the title of our bookable Geology Coach Excursion on Thursday September 15. Guided walks before the next newsletter are “From England’s Shortest river to Yorkshire’s largest lake” (Friday September 2) and a two mile “Dormouse Walk” on Saturday October 1. We live in a wonderful area; hence the varied programme this year. Enquiries are very welcome! See [www.wensleydalerailway.com](http://www.wensleydalerailway.com) or phone the railway office (08454 50 54 74) or ask at local information centres.

**On August 7, WR welcomed 67 Rotary walkers** who enjoyed sunny guided walks for charity (or a coach tour) plus a superb Yorkshire Pudding lunch at Carperby village hall. For some, the highlight of the day was Hazel Oliver’s fantastic talk about the challenges and opportunities that had to be faced during the building of the new Sports Pavilion. This one event indicated the significance of the railway’s growing economic contribution to the dale: it brought money to two transport operators (railway and local coach), the village hall committee (catering) – and Martin House hospice, in whose name the money was raised.

If readers know any groups from outside the dale who might be interested in arrang-

ing such charity visits for next year (lunch and a walk or coach tour), please ask them to get in touch with me for more details. Meanwhile, thank you to ‘Audrey and Friends’ for another donation of spare change to the Leyburn station platform fund. It is very much appreciated!

**Ruth Annison 650349/650187**

## **Royal British Legion Poppy Appeal 2011 Askrigg and District**

There is an urgent need to appoint a Poppy Appeal Organiser for remembrance tide 2011 and beyond. Orders for poppies and other materials should begin in September. We have a wonderful team of highly experienced collectors who just need to be supplied with the tools for the job and generally encouraged. If you would be interested in taking on this rewarding job please get in touch. Membership of the Royal British Legion is not necessary.

Ring 650023

**Hawes Christmas Lights**  
are inviting participants for

Everyone welcome.

**Emma Thwaite**

***Wensleydale's Got Talent***

to be staged on

Saturday 3rd December  
in Hawes Market Hall,  
*as part of the Annual Christmas Party.*

If you would like to enter or want more  
information please call in at  
Whites of Wensleydale,  
Hawes Post Office, Cocketts Hotel  
or Wensleydale Press  
for an entry form.

Any type of entertainment is welcome from  
anyone under the age of 16.

**Closing Date for entries is  
Friday 30th September**

**Bainbridge and District Motor  
Club Rally**

The signpost rally on Wednesday 18th  
August was set off from Leyburn auction  
mart by Phil and Barry Green.

A list of directions was handed over  
and we were set on our way; we made our  
way over Thirn, Thornton Watlass, Well,  
Thornborough, West Tanfield, Mickley,  
Grewelthorpe, Ilton, Healey, East Witton,  
Coverdale, Middleham, Agglethorpe, Mel-  
merby, West Witton, Worton and then back  
to Askrigg.

We had to find the largest nettle on  
the way round (a few nettle stings  
occurred!), the longest one to be found was  
2.3 metres! We also had to count the red  
telephone boxes. The night was very enjoy-  
able and luckily the weather stayed dry!  
Thank you to Phil and Barry Green

The next rally will be on **Wednesday  
21st September** and is being organised by  
Tom Fawcett and Dave Teasdale **650545**.

Don't forget that our Sycamore Antiques local roadshow is very near. No exact date has been set but look out for posters. We are hoping this event will be very popular and quite a lot of interest has already been shown.

**Derek Ramsden**

### **Askrigg Harvest Festival**

Askrigg Harvest Festival will take place on Sunday 4th at Lowlands Farm, Askrigg (home of the Hodgsons) and will be a very informal affair to which everyone, including children, are invited. The service will take place outside if dry (in a barn, if wet), with seating on straw bales.

We are asking for donations of tinned produce which will be donated to the needy locally.

### **Sycamore News**

Over the last few weeks quite a few people have stopped me and said how nice it was to see something in the Newsletter from Sycamore Hall. So here is an update on what has been happening and what's about to happen. In July a trip was organised to Tesco at Catterick which was enjoyed by those who went, the seats on the bus being very limited. Emphasis on buying: Ladies— food; Men— clothes.

Last week a very enjoyable and entertaining afternoon by the physical and learning disability group from Richmond who performed their version of X Factor which was well appreciated by everyone. In thanks for their great performance the Sycamore Hall Amenity Fund donated to their chosen charity.

A trip to Brymor is planned for September for tea and ice creams weather permitting; this should be a very pleasant afternoon. A craft fayre at Sycamore has also been organised for Sunday November 5th and this will be advertised shortly

Our restaurant staff must be congratulated for being awarded 5 stars, the highest possible, for hygiene, cleanliness and for being a well-managed restaurant, by the environmental health inspector. Well done.

### **Heavens Above**

The giant planet Jupiter dominates the evening sky for the next few months. At magnitude 2.5 it's much brighter than any other object in the night sky apart from the Moon, Venus and now and again the planet Mars. You'll find it low in the east at dusk in the constellation of Aries the Ram. By late evening it's well clear of the atmospheric murk and ideally placed for observation high in the south. A good pair of 10x50's binoculars will show you the planet's four biggest moons and even a small telescope should reveal some of the alternate light and dark belts and zones crossing its noticeably flattened disc. With a bigger scope you might see the Great Red Spot - an immense storm raging in Jupiter's turbulent atmosphere that's been visible for over a 300 years. This month's Full Moon (September 12<sup>th</sup>) is often called the 'Harvest Moon'. It gets its name because it rises just after sunset for several nights in a row, and in the old days this provided enough light to enable farmers to carry on working for a good deal longer than normal. A Harvest Moon often appears much more colourful than other full Moons owing to muck and dust in the lower atmosphere. They can occasionally take on a striking deep golden-orange tint if the conditions are particularly hazy - a beautiful sight for the romantically inclined or alternately for those of a more prosaic disposition an opportunity to take some really impressive photos especially if you can come up with an interesting foreground as well. Have clear skies!

**Al Bireo**

### **Boots and Beer**

2011 brings the 10<sup>th</sup> Boots and Beer Walking Festival! This will run from Friday 9th September to Sunday 11th September. With the first Boots and Beer Walking Festival only attracting 70 walkers in 2002,

we are delighted to be holding the 10<sup>th</sup> Festival which will bring over 450 people to the glorious Yorkshire Dales. We have been working hard to bring you a fantastic programme of special anniversary features, including specialist clothing and exclusive Evening Entertainment events along with our usual programme of fantastic walks and of course our award winning ales!

The ticket price for this year's festival is £27.50 per person and includes a choice of 14 superb walks over the weekend, ranging from short to long, specially written by Mark Reid, author of 'The Inn Way' books. The walks are self-guided with full back up, including detailed route descriptions, OS maps, checkpoints and back markers provided by the Yorkshir Dale National Park Authority.

Walks start from either Hawes (3 walks per day), Askrigg (2 walks per day), or Aysgarth (2 walks per day). There will be a free daytime 'shuttle bus' linking the three registration desks.

A full programme of evening activities is also offered.

As this is an extremely popular event, pre-registration is strongly advised via the website [www.blacksheepbrewery.com/bootsnbeer](http://www.blacksheepbrewery.com/bootsnbeer)

## Scams, Scams, Scams

I am getting pretty fed up with scams! Over the last couple of months I seem to have spent most of my time with customers dealing with scams and their aftermath. Here are a couple to look out for:



inundated with people asking for advice following frightening experiences. As it happens I was with a customer the other day when one of these calls arrived and I was given the phone!

1) **Phishing.** This is probably a term you have seen before. This is where you get an email saying something like “your bank account has been suspended – click here to reactivate it”. It isn’t always banking but the upshot is that you click a link and fill in your details on a fake website that looks like the genuine thing which is what the scammers are after. Now they have access to your account!

The rule of thumb is that no reputable company behaves like this. If there is a problem you are more likely to be contacted by normal mail or by telephone by the bank – they NEVER send out this sort of email. Often they are easy to spot (especially when they tell you a bank account has been suspended in a bank you don’t use!).

The unfortunate truth is that phishing scams actually work and people are drawn in. If you get an email and aren’t sure if it is genuine there is a simple way to check. First don’t click on any links or pictures in the email. Go to the normal website you use to access your account in your normal way and see if everything is OK. If it all works as normal you know it was a scam, if it doesn’t contact the organisation directly to resolve the issue. (Thanks to Chris Watts of Gunnerside for asking me to write about this).

2) **Fake phone calls.** These are becoming really common and I have recently been

The usual form is that you are told that a company has detected that your computer has problems (they often try to pass themselves off as Microsoft or the official Windows Service provider). They offer to fix the issues for you but they need to access your computer to do this. Surprisingly a large number of people say thank you and let them access their computer! Only when they have been messing with your computer for a while (usually installing loads of rubbish in the process) do they sting you with a bill which you have to pay there and then by credit card. I don't wish to appear racist but the usual form of this call is that the caller has an Indian accent but gives a typically English name. They often seem to say they are in Manchester.

The best advice I can give is if you get an unsolicited call asking to access your computer then you are mad to give them permission! It is exactly the same as someone knocking on your front door and saying let me in to fix your TV – would you really do that?

Can I also suggest you play the game a little – ask them for their full name, the name of the company they work for, a contact telephone number and the company website address. When they are off the line call Trading Standards and report them by emailing:

[trading\\_standards@northyorks.gov.uk](mailto:trading_standards@northyorks.gov.uk)

That's it for this month. Keep safe online and if you need advice please feel free to contact me via my website [www.dalescomputerservices.com](http://www.dalescomputerservices.com) or by phone on 663798. **Carol Haynes**

## **Upper Dales Family History**

The new season of meetings of the Upper Dales Family History Group begins on **Wednesday, September 22nd, at 2.00pm** in the village hall at Harmby near Leyburn, with a talk by Judith Smeaton on using Roman Catholic records to research family history. As usual the talks will alternate between Swaledale and Wensleydale and cover a wide range of topics from the very local, such as the story of Sunter's haulage company in November to Yorkshire connections to the Titanic next June. Others, such as next May's 'Making the most of BMD Certificates' are aimed to help you with your research wherever your ancestors came from. The UDFHG is a branch of the Cleveland Family History Society and admission is free to members of Cleveland FHS or £2 for non-members who are very welcome.

In addition to the regular talks, three Computer Clubs are planned at Hudson House in Reeth for anyone from complete beginners who want to get started to the more experienced who enjoy being able to discuss ideas and pick up tips from others in the group. The first of the clubs is on Saturday, November 12th, from 1.00-4.00pm. There's no need to book, just turn up on the day and stay as long as you like – there's a small charge to cover room hire of £3 for the first 2 hours, then £1 per hour.

Contact **Glenys Marriott 663738** or see the website at [www.upperdalesfhg.org.uk](http://www.upperdalesfhg.org.uk) for further details of all events.

**Tracy Little**

### **Gayle Ladies**

Gayle Ladies enjoyed a practical demonstration and chance to "do it themselves" at their July meeting. Anne Flowers exhibited a selection of her beautifully coloured silk scarves in different designs using various techniques and gave the ladies the opportunity to make a small silk picture for themselves. Although some made a timorous start all enjoyed the experience and investigated the effects of salt on dyes. The exercise provoked discussions on the use of realistic or imaginary colour and all left with a work to be framed.

Gayle Ladies welcomes new members and can be contacted at **667321**. The next meeting is on September 29th when Marion Moverley will give her talk on 'Ladies of Letters'.

### **Hawes Youth Club**

I hope everyone is enjoying their summer holidays! Youth Club will be re-opening on **Wednesday 7<sup>th</sup> September 6.30pm till 8.30pm** in the Market Hall in Hawes. Youth Club is open to everyone aged between 11 and 19 years old. We look forward to welcoming back all old and new members!

Hawes Youth Club is also calling out for volunteers! If anyone is interested or if you would like more details please contact Rachael on **663736**.

**See you all soon, Rachael and Di**

### **Choral Evensong**

**St. Andrew's Church, Aysgarth**

**Sunday September 4<sup>th</sup> 6.00pm**

**Choir from St. Peter's Church, Stockton**

**ALL WELCOME!**

### **Drop in for Coffee**

**Tuesday September 6<sup>th</sup>**

10am– 12.30pm Benni Williams, The  
Garth, West Burton

£1 to include coffee/tea and biscuits

The proceeds will be divided between St Andrew's church and a charity chosen by the host. Everybody welcome!

## Gluten Free

Since discovering a few years ago that avoiding all gluten and dairy products I have spent many hours studying the small print of product ingredient lists and wondering why nearly every processed food has wheat or other gluten added to it. My long suffering wife has discovered a completely new set of recipes for cakes, biscuits, sauces and the like.

In the last three or four years the range of "Free From" products in the major supermarkets has expanded greatly making shopping much easier. But these are all down the Dale. What can I get in Upper Wensleydale?

Here the situation has improved considerably. **The Goodlife** at the industrial estate in Hawes has, as well as fruit and veg, a wide range of products marked with an orange dot, all of which are gluten free (you don't even need to check the labels). This includes breakfast cereals, sauces, biscuits, health food products and a freezer specially for Gluten Free products. Inside there are many products from **The Gluten Free Kitchen** in Leyburn including their rather sinful but delicious gluten and dairy free cup cakes.

Gluten free bread used to taste very similar to cardboard. There are now some very good products on the market including the market leading Genius bread and Warburtons bread which is a personal favourite of mine - but where to get them? To my delight I have discovered that if I ask the **Spar shop in Hawes** before about 11.00am for Warbies gluten free brown or white bread, it will be there by midday the next day! What's more, they also supply the excellent Warburtons gluten free fruit tea cakes - so toasted teacakes are back on the menu!

Are fish, chips and mushy peas a thing of the past? - not at **The Chippy in Hawes** who has a gluten free menu and keeps a fryer specifically for gluten free food. You may have to wait a short time for it to heat up if you haven't told them in advance that you will need it - but it's well worth the wait.

Even at **St Margaret's Church in Hawes**, gluten free communion wafers are available if you let the officiating priest know before the beginning of the service that you want them.

So, for Gluten Free needs, temporal and spiritual, you can satisfy your requirements in Upper Wensleydale - if you know where to look.

A.M.

## Got the A-levels You Needed?

The Newsletter *Book and Equipment Award* for students going on to Higher Education is available again (first year only, unfortunately!).

Please write in to apply. The grant, on receipt of evidence of purchase, is for up to £250.

For many years volunteers have distributed Meals on Wheels to the elderly or infirm in the Hawes area. Numbers have reduced in recent years, partly due to the excellent facilities now available at Sycamore Hall and partly due to a lack of new referrals.

Now we have brought the Service back into the heart of the community, with a partnership between the Community Office who will take referrals and manage the list of clients, the Crown in Hawes who will continue to provide the excellent value meals and a team of WRVS volunteers who will continue to distribute the meals

Referrals may now be made by **anyone** (a friend, a neighbour or a relative as well as health professionals) to the Hawes Community Office, either in person or on **667040**. They will collect the relevant details and maintain the list of recipients.

Meals are freshly prepared by the Crown in Hawes who have been providing meals for the service for many years. The meal comprises a main course and a sweet and these are very well thought of by the existing customers. We are fortunate to be the only Meals on Wheels service in North Yorkshire to be served by a local kitchen rather than by a centralised kitchen and I'm sure that shows in both quality and price.

Meals are then distributed by the volunteers, every Monday and Friday, in an area from Gayle to Simonstone, Burtersett to Appersett.

If you know someone elderly or infirm who you think might benefit from a freshly prepared meal twice a week, then please first check with them to ensure that they would like Hawes Meals on Wheels and then get in touch with the Hawes community office.

**A.M.**



This event will include a full display of all Andrew Craske's equipment once used in road-tarring and rolling. There will be a further 'Ask Craske' next month.

## Triathlon



**On Sunday August 14th, The My Tri Club held what it describes as the toughest triathlon in the country, based in Upper Wensleydale.**

It consists of a 1800meter swim in Se-merwater, then a bike ride via Bainbridge, Askrigg, Oxnop, up Swaledale, back over the Buttertubs, Hardraw, Appersett, Moor-cock, Garsdale Station, the Coal Road to upper Dentale, back up to Newby Head and down to Hawes (42miles). This is followed by a 12 mile run up and down Great Shunner Fell.

The assembly and finishing points were at the Community Field in Hawes.

Over seventy completed the course.

### **Hawes Art Group**

Another successful year has passed. The start date for this September is **Wednesday 14th**. As usual we will meet in Hawes Market Hall side room at 1.30pm. New members are welcome to this 'self help' group. Further information from

**Ann Wood 667897**

### **Herriot's in Hawes**

**Guest House, Kitchen and Gallery**

On **Friday 7<sup>th</sup> October**, come and join the Dales' most celebrated artist - Piers Browne (RA) for a preview evening of his New works **SUNLIGHT THROUGH THE SEASONS**, prior to his solo exhibition at the Herriot Gallery which will run until the end of November. (Herriot's Kitchen will be open for a special New Years Eve dinner, booking will be essential, larger banquet style table could be available for bigger parties. More details will follow.)

Tel: **667536**

[www.herriotsinhawes.co.uk](http://www.herriotsinhawes.co.uk)

## **Ranger Report**

### **Tales from the riverbank**

This summer, National Park Rangers and Dales Volunteers have helped the Yorkshire Dales Rivers Trust with work on the River Cover in Coverdale to prevent riverbank erosion.

The technique used is called willow spiling, where cut willow stakes are planted and woven around posts to form a revetment wall which is then backfilled with soil and stone to create a new river bank. Further willow stakes are then planted on top of the soil bank. If successful, the willow stakes will begin to grow and form a 'living' wall which will prevent further river bank erosion.

Dave Higgins of the Trust has created a great 2 minute video showing the willow spiling in action – you can see it here [www.facebook.com/video/video.php?v=10150692379465247](http://www.facebook.com/video/video.php?v=10150692379465247)

The work was carried out as part of the River Cover Biodiversity Project, managed by the Trust, which aims to improve the river's ecology by targeting locations that impact on river health. These may be close to the river or be more remote but connected by surface runoff.

Walkover and remote survey work was followed by discussions with landowners and farmers to identify where river restoration could be carried out. Activity to reduce fine sediment and nutrients reaching the river has been undertaken at several locations, including willow spiling to restore eroding banks, woodland and wood pasture planting to reduce surface runoff, and fencing the river bank to exclude livestock and improve vegetation.

Funding for the project has come from Wensleydale CPRE, Lafarge Landfill Fund

and the Environment Agency. This has been added to by work in kind from Yorkshire Dales National Park Authority staff and volunteers and many of the farmers working in Coverdale.

### **Don't fall foul of the law**

School summer holidays means the busiest period of the year at Aysgarth Falls and I am asking visitors and locals alike to help keep the site pristine by cleaning up after their dogs.

Increased numbers of people mean there have been more incidents of dog fouling. Aysgarth Falls is visited by lots of families with small children. As well as being hazardous, dog mess can be offensive to buggy and wheelchair users and those who are visually impaired. Some people are clearing up after their dogs using plastic bags, but then throwing the bags into the woodland or leaving them at the side of the paths. A dog waste bin is provided at the entrance to the car park - it is there to be used.

If your dog fouls a public place, including public footpaths, bridleways, open access land, pavements and car parks, then you must clean up after it. Failure to do so may result in an on the spot £50 fine.

If you encounter any problems whilst using public rights of way or open access land please contact Access Ranger Paul Sheehan or me on **666226** or **662912**.

**Nigel Metcalfe**  
**Area Ranger, Lower Wensleydale**

## A Van for All Seasons!

Why am I in a back room — office-cum store — up some stairs behind a two-level shop in Appleby, of all places?

Well, scouting round for things to feature it was suggested that we should ‘do’ the one stall-holder at the Tuesday Hawes Market who, come rain or shine, never misses: A. Stephenson, Greengrocer.

The ‘A’ Stephenson was Alec and I am with his son, Dick, at his shop and home in the middle of the town. He isn’t quite sure how the stall in Hawes began but “it must be 80 years ago”. There is a more local connection; Alec married a Jenny Jones whose mother had the Bolton Arms at the top of Leyburn, (and possibly a pub in Hawes) and both her mother, Margaret Anne and father, Kit, “a bit of a rogue and a banjo-player”, were entertainers. *‘Ups and Downs, by the Wensleydale Humorist and Broadcaster’* is now produced for me to look at - closely typed stories and poems. Margaret Anne later moved to the Tufton Arms in Appleby.

Now back to the business which was not always a greengrocer’s, but F. Stephenson, proprietors Alec and brother George, was in fact *‘Nurseryman, Seedsman and Florist’* at Banks Nurseries with maybe up to 15 workers producing tomatoes and vegetables to hotels etc. Dick says, “They were producing so much stuff they decided to open a shop to sell it all!” By this time they also had market stalls in Kirkby Stephen, Hawes and Sedbergh (Monday, Tuesday and Wednesday).

Unfortunately there was a family fall-out, the partnership was dissolved, Alec having to go his own way and George “falling by the wayside”. Alec had to start buying in vegetables; they had always bought in fruit. When Dick was 23 his father Alec died.

Shoppers at the Hawes stall know of the quality, so I wondered where it came (or still comes) from.

“Dockers, Proudfoots and Middeltons from Penrith; flowers from Darlington; we used to go to Manchester for floral sundries, then more fruit and flowers and all the local vegetables from Preston— all very good stuff— Bob Spencer’s from Tarleton. We’d set off at 2.00am and get back in time for Hawes Market. It gets delivered now, by 6.00am, and some imported goods come via Gateshead.”

Of Dick and Joyce’s two sons Rodney and Nigel, Rodney looks after all the wholesale side, Nigel with help from his wife run the two florist’s shops in Appleby and Kirkby, and Kevin Hindmarch, a friend and colleague for over 34 years now at the shop in Appleby, is the one who comes to Hawes. Dick says, “I’ve missed occasionally in very bad weather. Kevin’s gone when I’d never have set off. **He’s never missed.**”

At this point Kevin comes in. “Mind you we did arrive at half past one once. Even when broken down half way we got a relief van; then we broke down in Hawes and had to get a relief van to get us home.”

On Tuesdays he arrives at 7.00am to set up. Dick says winter time is the worst. “Stuff gets frozen, even on t’ wagon. Last one was t’worst for a long time.” He adds, “But Hawes and its locals have been good to us.” Stephensons now also collect the fees for the Market Tolls. Returning to weather, he adds, “Mind you, winters are better times for florists!”

Things have changed! Dick remembers bringing boxes of flowers on the train via Hawes Junction, proudly shows me a photograph of deliveries in Appleby by horse and cart, and remembers when avocadoes

and peppers had to start being supplied. "We like to have as big a range as possible", says Dick; "It all works well together; we've four or five vans, we work hard for six full days a week. We'd serve on a Sunday if there was an occasional need." I won't give you the exact wording of what Dick thinks if a supermarket were ever to come to Appleby!

However, one thing hasn't changed. Prices are still totted up by hand and brain on bits of brown wrapping paper! Dick smiles, goes and get a tray full of coins and says, " We have a stall outside here at weekends, never get nowt pinched."

I should think not. They are all held in high regard. **A.S.W.**

### **Help From the R.A.F**

Ten civilians and Ministry of Defence personnel volunteers have spent a day working with National Park Authority staff to carry out much-needed repairs to a popular section of public footpath near Aysgill Force above Gayle.

Matt Neale, the Authority's Area Ranger for Upper Wensleydale, said: "This path has been deteriorating over the last few winters because the river erodes the surface when it floods. "It had reached the point where it was getting difficult to use the footpath. The help from the RAF has been terrific - they did a sterling job. "It is on a popular circular walk to Aysgill waterfall so the new path will certainly get plenty of walking boots over it."

### **New Life for the Old Mill**

After Dr. Christopher Cole died five years ago, his home, Low Mill in Bainbridge which contained a wonderful Dolls House Museum, stood empty for a long time. As months, then years, went by the neighbours (and I am one) worried that it might be taken over by a developer and made into flats, or perhaps bought by someone as a second home, in which case it would be empty most of the time.

So when the McNairs, Neil and Jane, bought it last October and declared that they would restore this grade II listed building, and keep all its lovely features, to open as a guest house serving evening meals, that was a relief. As you can imagine, they have had to spend much time negotiating with the National Park, the Lords Trustees and the Parish Council, but they have been successful, and indeed the parish council minutes noted recently:

*Council was informed by Mr Canavan that the building work at Low Mill was progressing very well and appeared well done and sympathetic to the surrounds and the Conservation area. The new owner was keen to discuss any problems that might arise in the future.*

It's not surprising that Neil is making a good job of it. His business, in London, was buying, restoring and selling old houses, and now he is putting that experience to good use. To say they have worked hard is an understatement. When I draw back my curtains in the morning, I always see Neil beavering away – his hours are 8am to 7pm, and they haven't had a day off since they started. Jane was a Vet's practice manager in London, but now she is a labourer, working nearly as long hours Neil, and of course doing the housework as well. Indeed she seems to be permanently covered in paint, oil, plaster or dust.

Jane is a patient woman – once when I

called in, she said her only rule was “No power tools on the kitchen table” but I noted a drill and a sander were there among the dishes. They survived the freezing winter in the newly created top floor, where Dennis the lurcher and cats Blackie and Moleskin spent most of their time, away from all the chaos downstairs. They have put in 22 new windowframes, (all hand-oiled by Jane) 700 sheets of plasterboard, one new staircase and five new bathrooms. The mill wheel mechanism takes pride of place in the lounge.

They have been delighted with the local tradesmen, who are interested in keeping the character of the mill just as they are; and their gateposts, benches, timbers and decking have come from Gayle Mill. I saw from my window the other day William Lambert's tractor driving round the end of the building carrying a huge stone mill wheel, which he deposited on a stone support prepared by Neil – a charming coffee table in a corner overlooking the Bain. They had found the wheel buried under the drive. Neil has built a deck over the salient (the runoff stream from the water wheel) so guests will be able sit out and watch the ducks swim by, as the water-wheel turns. Now it is finished, and they can start to book guests into their three ensuite rooms. Their families and friends are coming first to try out it – a good idea as families don't hold back in pointing out anything that isn't quite right! I wish them luck in their new endeavour.

**S. Crookes**



Dalesplay has been really busy over the summer months making aluminium bugs to hang outside, going potty with clay, cooking up some delicious treats, watching some amazing films and much more. Take

a look at our blog to see some of the action taking place by visiting [www.dalesplay.posterous.com](http://www.dalesplay.posterous.com). Louise, our deputy manager, has left us for a short while whilst she has her baby whom we are all really excited to meet, good luck Louise! She plans to return to continue her excellent work in the setting; she will be missed whilst on leave. Melanie Hammond will be helping us in Louise's absence who many of you may know from the Wensleydale Children's centre and her brilliant work at Bainbridge school. Melanie is full of inspiration and loves working alongside children. On the 24<sup>th</sup> September Joanne, (Manager of Dalesplay), and Carol Hall will be walking Ingleborough and Pen-y-ghent to raise money for two very worthy charities; Dalesplay and Hawes bonfire and fireworks 2011. Please help these two charities by sponsoring the girls for their determination, sponsor forms are in the sweet shop, Spar, Post office, Board hotel and Dalesplay. Alternatively you can email your name, address, contact number and the amount you would like to sponsor to [dalesplay1@btconnect.com](mailto:dalesplay1@btconnect.com), thank you for your support!

**Food for Thought'**

to Celebrate

**400 years of the King James Bible**

**Revd. Canon Richard Cooper**

1st Part – Supper at Redmire Village Hall –

**Friday 9th September 2011 6:30 for**

**7:00pm**

Coronation Chicken, new potatoes, salads, variety of puddings, coffee

Bring your own bottle of wine!

**Tickets £6 available from Anthony Day,**

**Gordon Lodge, Redmire, DL8 4EH**

**(enclosing SAE)**

**Greetings & For Sale**



**Olive Sharples**

Would like to thank family and friends for their best wishes, lovely cards, gifts and flowers received during her stay in hospital.

**Mary Sumner**

would like to thank everyone for all the flowers, cards and good wishes received during her stay in hospital, and also her family for all the love and support.

**Memory loss -**

I have lent my *Back Friend* but can't remember to whom. If you have it please remind me! **Jane 663385**

Leather reclining chair - biscuit colour. Free to a good home in exchange for being collected. **663385.**

**Anne Dinsdale (Gayle)**

**wishes to thank friends and family for the gifts and cards**

## **WHAT'S ON LISITINGS - Add these dates to your diary**

### **September**

- 2,15 Wensleyday Railway walks. p.18
- 3 Moorcock Show. See p. 9
- 4 Guided walk, Mossdale and Cotterdale. Meet at Appersett green 11.00am. 13k
- 4 Askrigg Harvest Festival. See p. 20
- 4 Marsett chapel Harvest Festival, 2.00pm.
- 4 Choral Evensong at St Andrew's, Aysgarth. See p. 5
- 5 Marsett chapel Harvest sale, 7.30pm
- 6 Hawes Drama Group reads "Over my dead body". Gayle Institute. 7.30pm
- 6 Aysgarth Singers restart, 7.30pm
- 6 Hawes Carpet Bowls Club. New Season starts 7.30pm. Market House. See p. 10
- 6 Drop in for Coffee at West Burton. See p. 26
- 7 Muker Show
- 7 Hawes Youth Club reopens. 6.30 till 8.30pm. See p. 26
- 7 Church Coffee Club; Redmire. See p.15
- 7 Stroll around the farm. School House, Stalling Busk, 2.00pm. Booking essential: **666210**
- 9 Food for Thought with Richard Cooper, Redmire Village Hall. 7.00pm
- 10 "Ride and Stride". See p.38
- 9-11 Boots and Beer Festival. See p.21
- 11 Guided walk; Stone mine and stone circle. Meet Aysgarth Falls Nat. Pk. Centre, 1.00pm.10k
- 11 Hardrow Scar Band Contest. See p.15
- 12 Aysgarth Methodist Church Harvest sale and service. 7.00pm
- 13 Afternoon Tea with stalls at St Margaret's, Hawes 1.00 to 3.00pm
- 13 YDNPA planning committee; Yoredale, Bainbridge. 10.00am
- 15 Hawes W.I. "Morocco-a World Apart" by Jonathon Woolley, 7.00pm
- 16 Museum Friends "Facts and Phantoms of Upper Eden". 7.30pm
- 17 Big Coffee Morning at St Oswald's, Askrigg; 10.00am to noon. Activities for children, home made cakes, Raffle
- 18 Table Sales at St Andrew's, Aysgarth. See p.14
- 18 West Burton Harvest Festival, 10.45am
- 19 West Burton Harvest singalong and sale, 7.00pm
- 21 Askrigg Badminton Club. See p.33
- 21 Carperby W.I.; Elsie Kirkby: Christmas craft. 7.30pm at the Institute
- 21 Blood Donors in Hawes Market Hall, afternoon and evening
- 24 Whernside fell race; starts centre of Dent Village
- 24 Wensley Deanery, Pilgrimage to Ampleforth Abbey and Stanbrook Abbey. See p.5
- 24,25 Bainbridge Methodist Church 175th anniversary weekend.
- 25 Table Top Sale for Hawes School in the Market House, Hawes
- 25 Harvest Service and Holy Communion, Preston under Scar. 9.30am
- 27 Coffee morning and stalls, for Hawes Christmas Lights; Methodist Rooms, 10.00am to noon
- 27 YDNPA Full authority meeting; Yoredale, Bainbridge. 10.30am
- 29 Gayle Ladies: "Ladies of Letters" by Marion Moverley. 7.30pm
- 30 Concert at Carperby Village Institute,
- 30 Last day for entry to **Wensleydale's Got Talent**. See p.19
- 30-Oct 2 Ingleton Folk weekend

### **October**

- 2 Hardrow Harvest Festival at 2.00pm followed by the Parish Party in the Green Dragon at 4pm.
- 6 Back to the Land Girls; 7.30pm at the DCM. Tickets £8 **666210**. See p.13

### Doctors' Rotas as Supplied by the Health Centre

AYSGARTH SURGERY ROTA    Wb - week beginning										HAWES SURGERY ROTA    Wb - week beginning											
Wb	Aug 29th		Sep 5th		12th		19th		26th		Wb	Aug 29th		Sep 5th		12th		19th		26th	
Day	a.m.	p.m.	a.m.	p.m.	a.m.	p.m.	a.m.	p.m.	a.m.	p.m.	Day	a.m.	p.m.	a.m.	p.m.	a.m.	p.m.	a.m.	p.m.	a.m.	p.m.
Mon			W	W	J	J	W	W	F	F	Mon			F	F	WF	WF	JF	JF	WJ	WJ
Tues			F	F	WF	W	JF	JF	WJ	J	Tues			W	W	J	J	W	W	F	W
Wed			W	W	J	J	J	C	F	F	Wed			F	F	W	W	F	C	W	W
Thur	W	W	F	F	F	F	F	F	W	W	Thur	J	J	W	W	J	J	W	W	J	J
Fri	F	F	W	W	W	W	W	W	J	J	Fri	W	W	F	F	W	W	J	J	F	F
<b>Doctors:</b> F - France, J - Jones, W - West, C - Closed <b>Morning Surgery:</b> 9.00 - 10.30 a.m. (no appointments) <b>Afternoon Surgery:</b> 4.00 - 5.30 p.m. (appointment only) <i>For appointments and all enquiries ring 663222</i>										<b>Doctors:</b> , F - France, J - Jones, W - West, C - Closed <b>Morning S'y:</b> 8.45-10.15 Tues till 10.45 (no appointments) <b>Afternoon S'y:</b> 5.00-6.00 Tues 1.00-4.00 (appointments only) <i>For appointments and all enquiries ring 667200</i>											

*Rotas may change as Drs. France and Jones have commitments elsewhere.*

For more information contact the DCM on

**666210**

**July-October**

22 Jul-6 Oct Trees of Life; 10.00am–5pm.

Discover truths and tales of the woodlands of the Dales. Free

**September**

6 Spinning demonstration. 2 to 4pm. Free

10 Victorian kitchen: preserves. Free with museum ticket

10 Heritage open day; 10am to 5pm. Free entry to the Museum

18 Quilting day school; £10. 11am to 4pm

25 Pathfinder advanced; £10. 10am to 4.30pm

**October**

2 The history of knitting in the Dales. 1.00 to 4pm. Free

4 Spinning demonstration. 2 to 4pm. Free

10 Meet a Ranger. 2 till 3pm. Free

25 Dry stone walling demonstration. 2 till 4pm. Free with museum ticket

26 Storytelling and children's craft workshop; £3. Booking advised

## **Carperby Playing Fields Association – Pavilion Update**

It is difficult to believe that this time last year the pavilion site at Carperby was just a flat piece of land waiting for development and a large cash injection. Since then the playing fields have been transformed and, thanks to our various benefactors, helpers and contractors, the village has a fabulous, new facility. As I write the **Mars commercials** are still being shown on TV and Carperby has featured in national press and tv. The final touches were added to the area surrounding the pavilion during the Easter period and an official opening weekend in June featured a drinks' reception, five games of football, a barbeque courtesy of **Askrigg School PTA** and an evening gig. Subsequently, two major village events have taken place at the pavilion. In July the annual sports were moved from the village green for the first time and the annual garden party was held at the pavilion in August. Both events were considered to be a great success in their new home. With the onset of the new football season it is expected that there will be a big demand for the use of the facilities on the playing fields site. However, the new building is not just for sports but is a community facility. It can be booked by individuals and organisations and details can be found on the Carperby Parish Website . Alternatively, you can call **663808** for booking details.

In order to maintain the building, **the fund-raising continues**. Our next event is a **concert on Friday 30<sup>th</sup> September featuring Steve Knightley**. Steve is the song writing force behind **Show of Hands**, widely acclaimed as the **finest acoustic roots duo in England** and with three Royal Albert Hall sell-outs to their name. He is renowned for his strong, narrative songs.

At the 2010 **BBC Radio 2 Folk Awards** Show of Hands were named 'Best Duo' whilst Steve's punchy 'Arrogance Ignorance and Greed' won the '**Best Original Song**' award. This highly topical song is still going strong and was recently performed by Show of Hands on the **Andrew Marr show**, in front of our local MP, **William Hague**. Steve's most recent album 'Live in Somerset' is reviewed by the BBC critic Robin Denselow as 'a classy, varied set that provides another reminder that Knightley is both an impressive live performer and a highly original songwriter'. The concert will be held at Carperby Village Institute. There will be a licensed bar and doors will open at 7pm. **Tickets are £15 in advance or £17 on the door. There is a special rate of £13 for Institute members. Tickets can be obtained by calling 663808**

Two more concerts are planned for 2012. In February we have Miranda Sykes & Rex Preston booked and in May we have the award-winning Irish songwriter, Kieron Goss. Additionally, there may be another event in April. More details next time.

**Steve Sheldon**

## **Ride and Stride Event (Yorkshire Historic Churches Trust) Saturday 10<sup>th</sup> September 2011**

Some of us will be Riding or Striding round the local churches, or dispensing refreshments "at the church gates" for this yearly event – and, hopefully, some will be sponsoring us. The monies that we together raise are divided between the Yorkshire Historic Trust Fund and our own churches.

It is always a 'fun' day, if sometimes quite tiring, but thank you to all who will be involved in any way.

For further details, or sponsorship forms contact Kristin Whalley **663885**



**Advertising**

**Boxed adverts: £5, £10, £15**

There is a one-third reduction for six issues or more, so for twelve issues the totals are:

**£40, £80 or £120**

**Greetings etc. £2.00**

**What's ons (non-commercial) are free**

**Contacts:**

For Hawes area and westward:

**Barry Cruickshanks, Ashfield, Hardraw:  
667458**

For elsewhere: **Sue Duffield, Fellside,  
Thornton Rust: 663504**

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