

THE
200th
UPPER WENSLEYDALE
NEWSLETTER

March 2014
Donation please:



By Richard Ross, Hawes

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**Upper Wensleydale
Newsletter**

**Issue 200 – March 2014
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PLEASE NOTE

This web-copy does not contain the commercial adverts which are in the full Newsletter.

As a general rule we only accept adverts from within the circulation area and no more than one-third of each issue is taken up with them.

Advertising

Boxed adverts: £6, £12, £18

There is a big reduction for six issues or more, so for six issues the totals are:

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What's ons (non-commercial) are free

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**THE APRIL 2014 ISSUE
WILL BE PRODUCED ON
MARCH 25th AND 26th**

**DEADLINE FOR COPY:
THURSDAY
MARCH 20th**

Editorial

In all our 199 issues we have very rarely, if at all, ventured into the controversial subject of housing. For this 200th issue we will, and it is prompted by the latest Government scheme to allow, without planning permission, the conversion of barns to houses.

Let us, for a moment, consider the whole housing stock in our area. As you are reading this, how many houses and cottages in your village are actually occupied and how many temporarily or more permanently empty? Is there really a shortage? With tourism being a vital industry for the area it is not unreasonable to have a number of holiday cottages or second homes, but in some villages the proportions are unacceptable. Here are real possibilities for owners to offer long term local lettings.

The idea that the conversion of barns would do anything to ease a perceived local need, rather than simply further increase the number of second homes, seems fanciful. It isn't a cheap exercise and would almost certainly be carried out for better-off people from 'away'.

Now consider the effect on the environment. To convert an unused barn for a local need, which is within a group of farm buildings where the services are already close by, seems perfectly reasonable, given the sensible restrictions on maintaining the general outward appearance within its context. However, the majority (about 4000 in the Dales!) of our barns are scattered about in the meadows and hill-sides. To convert these would mean provision of water supply, sewerage facility and electricity, as well as a surfaced track for access. It is fair to say that this would then be accompanied by outside lights, waste bins, clothes lines, TV dishes and maybe a neat little garden and cars; and no doubt unoccupied for a considerable part of the year. Does that really help?

The effect on the local community could well be negative; the occupiers are less likely to be young with families to sustain our local schools, but more likely to be older, putting even more pressure on our health and emergency services in an area already skewed to the elderly.

From time to time it is necessary to stress again the value of, and need for, our National Parks and Areas of Outstanding Natural Beauty with their special qualities of landscape and wildlife, and while gradual change is inevitable and necessary, the nation needs such ar-

reas for physical, mental and spiritual refreshment. Sometimes we 'locals' are the last to appreciate this. With one or two notable contentious barn/housing exceptions, we believe the planning authority serves us well and should not be stripped of control allowing go-aheads without planning permission. Now's the time to make our local voices heard as well.

News From the Wensleydale Society

The award-winning, local hidden gem **Kiplin Hall** is the subject of curator Dawn Webster on **Friday 7th March**. The original Jacobean house was built in 1620 by George Calvert. It re-opened to the public in 2001 and is furnished as a comfortable Victorian home. The gardens and grounds are the subject of on-going restoration and there are snowdrop and Spring Flower trails throughout March.

A current exhibition 'Duty Calls' recounts 30 years of Kiplin Hall in times of war.

The talk starts at 7.30pm at West Burton Village Hall and we make it easier to get to lectures by our return coach between Middleham and West Burton, which picks up in Harmby, Leyburn and West Witton. (details from **Eileen Jackson 622287**)

On Friday 4th April, after the AGM, Professor David Kirby will talk on The Wars of the Roses.

Membership is £5 per year, and members are welcome to bring guests (£1 per guest). Our monthly walks programme for members adds to the enjoyment of Wensleydale and its wider environs, and is a wonderful way to get to know the area.

Air Ambulance Clothes Collection

Final Date Monday 10th March by 1pm.

Please bring bagged clothes, curtains, towels, bedding (not pillows or duvets) shoes, used ink cartridges and old mobile phones to St. Margaret's Church, Hawes. Bags are available in the Church.

Proceeds of the collection will be split between the Great North Air Ambulance and St. Margaret's Church.

Please ring Margaret Iveson on **667285** if you need help getting things to the Church.

Intriguing Title

This winter's fundraising evening for the Schoolroom at Stalling Busk is entitled "The Toilets of Pompeii". There will be an informative but entertaining talk by retired GP Barry Hobson, who as an enthusiastic amateur archaeologist has spent time excavating this particular aspect – unromantic but very necessary – of the ruins of the ancient city of Pompeii.

Come to think about it, the toilets of medieval monasteries were called the "necessarium", and Victorians named it the "necessary" or even the "nessie".

The talk, we are assured, will not put you off your supper, which is Pie and Peas followed by cheese and biscuits.

The event takes place on **21st March at 7.30pm** in the Schoolroom. All are welcome, visitors to the Dale especially. Pay at the door, £7.50. Enquiries to **Margaret Iveson, 650379**.

New Lease of Life for Aysgarth Garage

Recently I had the pleasure of speaking to Mark Oyston the new owner of Aysgarth Garage. At the moment Mark and his family run a business and live near Bridlington but by April of this year hope to be living permanently in Aysgarth.

Some of you may have noticed contractors at the site beginning to clear the garage area and the re-vamping and repairing of the existing buildings.

Mark hopes to have work finished by the end of April/ beginning of May.

When finished, the garage will have new petrol pumps, a car showroom, jet wash, tyre bay and a new state of the art MOT and service facilities. He also plans to run a convenience store selling everyday items such as bread, milk etc and hopefully he will be able to sell newspapers, which will be very handy for local residents.

S.E.D

Mid-dale Lent Lunches For Christian Aid

March 7th Redmire
14th West Burton
21st Thorlby
28th Thornton Rust
They are all from **noon to 1.30pm**

Eunice the Ewe



Last month I was hiding on the front cover. Winner: **Jasmine Brown, Hawes**

DCM What's On



March

- Until 30th "Working the View"
An exhibition and book of landscape photographs of the Dales National Park
- 4th Waste Not, Want Not: 10.30am to 2.00pm. Find out what you can make from leftovers and taste our delicious bread and butter pudding
- 11th Painting in Wool: 10.00am to 4.00pm.
Join Emma Fountain for a wet felting taster day. All materials supplied. Booking essential £20.00
- 21st Susan Cunliffe-Lister gives an evening lecture on the restoration of Swinton Hall Gardens, 7.30pm
- 30th Celebrate Mothering Sunday with free entry for mums into the Museum.
Kids can make something crafty for Mum in the Creation Station on the train

For further information on any activity phone **666210**

Penhill Benefice

St. Andrew's Church:

Drop In For Coffee

Tuesday 4th March, 10.00am– noon
at The Priory, Worton.

£1 to include coffee/tea and biscuits.

Proceeds will be divided between the church and a charity of the host's choice.

Bolton-cum-Redmire

PCC's Church Coffee Club

Wednesday 5th March, 10:30am to noon
at Dale View, Castle Bolton,
Margaret & Robert Hall (**623012**)

Bolton Castle News

St Patrick's Day Party

Friday 14th March (7.30pm onwards)

Join us to Celebrate Paddy's Day in style with Irish folk music, themed menu and plenty of Guinness.

Our Irish themed menu will include Irish Stew with Soda Bread followed by Apple Cake and Custard. Our bar will be well stocked with Irish ales ciders and Guinness.

Tickets: £20 per person (includes two course Irish themed meal)

Booking Essential: Call **623981**

Mothers' Day Special Afternoon Tea

Sunday 30th March

Pot of any Speciality Tea or Glass of Prosecco
Sandwich Selection of Yorkshire Ham, Cucumber, Egg Mayonnaise, Wensleydale Cheese, Homemade Warm Sausage Roll, Freshly Made Sultana Scone with Homemade Garden Preserve and Clotted Cream, a Selection Miniature Cakes

£12.50 per person

Booking advised **623981** **Katie Boggis**

Hawes in Bloom!

Tour de France

Continuing the red and white 'mountain climb' colour theme, we are endeavouring to arrange a general planting scheme throughout the town and the route through to Buttertubs.

With this idea in mind, Richard Noble has begun visiting local businesses and properties to discuss their possible support.

There are several options available. Richard has arranged through Richmond District Council for their commercial growers to prepare well in advance large hanging baskets and bedding in various combinations of red and white plants. These will be delivered to Hawes and then distributed at the beginning of June.

If you would like Richard to call and discuss your requirements, please contact our website: Hawestdf@outlook.com

For other local residents who may wish to plant up their own containers in these colours, it is hoped to set up a stall in Hawes at the beginning of June. This will be well advertised.

We look forward to showing our thousands of visitors a really beautiful town.

February's Competition Answers

Missing middles

1. Ante ROOM service
2. Brain TREE creeper
3. Cold SNAP dragon
4. Doctor WHO dunnit
5. Every BODY bag
6. Friend SHIPS captain
7. Great GABLE end
8. Hand CART horse
9. Ice HOUSE keeper
10. Junk MAIL shot
11. Kings CROSS bar
12. Long JUMP start

We received no completely correct answers and have decided to have a 'rollover'! £40 next time.

March Competition

Hills of the North (excluding the Lake District)

1. SO A STRANGE MIXTURE
2. ITCH HOT EVE
3. MORE HELPFUL UNIFORMED YOUTH
4. N
5. GREAT PILE OF WRITERS
6. NEWTON UNDER IS BELOW IT
7. HIGHEST YORKSHIRE PEAK BEFORE 1974
8. NOT IF PUKED
9. SMALLEST OF 'THE THREE'
10. HIGHEST HOWGILL
11. RE-WIND
12. CHAIR FOR A SIMPLETON

St Oswald's Year of Music

St Oswald's is holding a Year of Music in 2014 and a lot of the services and events listed will contain some musical element to mark this celebration. There is a wide variety of events planned throughout the year so look out for posters and details in future publications. Everyone is welcome to come along and enjoy the wide and varied musical talent in the Dale.

Wensleydale Railway Update

As a result of serious weather damage to an embankment near Akebar Golf Course, we are unable to operate train services beyond Newton le Willows. Repair work has started and should be completed by April 15th. Until then, we will operate the following service **Every Saturday** from Leeming Bar and Bedale with reversals at Newton le Willows and Ainderby.

Saturdays: March 1st; 8th; 15th; 22nd; 29th & April 5th; 12th

Leeming Bar depart: 1000; 1200; 1400

Bedale depart: 1007; 1207; 1407

Each journey is a round trip from Leeming Bar via Bedale, Newton le Willows and Ainderby. Unfortunately passengers cannot alight or join the trains at Newton or Ainderby as there are no platforms.

Ruth Annison

The Service Of Thanksgiving

- for the Diocese of Ripon and Ripon and Leeds, **Sunday 30th March 5.00pm** Ripon Cathedral An invitation to all congregations.

A service to mark our transition from the Diocese of Ripon and Leeds to the Diocese of West Yorkshire and the Dales. The Rt Revd Nick Baines, the Bishop of Bradford, will be the first Church of England Bishop of Leeds for the new Diocese of West Yorkshire and the Dales.

The diocese, which comes into being on Easter Sunday (20th April), will replace the current dioceses of Bradford, Ripon and Leeds and Wakefield and will be the largest geographically in the country. It will be known formally as The Diocese of Leeds but will be referred to as the Diocese of West Yorkshire and the Dales.

Pie and Peas Supper

Friday 14th March at 7.00pm

In Berry's Restaurant, Swinithwaite

Tickets £8 Including main course

coffee and puddings extra - Raffle and Bingo

Tickets phone 663096 or 663443

Pupils Can Show Why They Love the National Park

School children are being given the chance to show their artistic side in a Tour de France poster competition being launched by the National Park Authority.

Youngsters in primary and secondary schools in the National Park or within five miles of it stand a chance to win £50 worth of tokens generously donated by Leyburn-based Leyburn Bikes and £100 for their class. And there are two runners-up prizes, split between five to 11 year olds and 12 to 16 year olds, of £50 tokens also from Leyburn Bikes.

The Grand Départ Stage 1 will leave Leeds on July 5th for a breath-taking, 190-kilometre ride through the National Park to Harrogate. The route will go along Wharfedale, Bishopton, Wensleydale and Swaledale, with climbs over Kidstones and Buttertubs Pass and then out of Grinton towards Leyburn.

On the following day the cyclists will skirt through the southern edge of the National Park on their way from York to Sheffield.

As well as marking the race, the 'I love the Yorkshire Dales' poster competition coincides with the *60th anniversary of the creation of the National Park* - which covers an area of 1,762 square kilometres (680 square miles).

National Park Authority Outreach Officer Catherine Kemp said: "The National Park is a stunning place and the purpose of the competition is to give pupils a chance to design an original and exciting poster to show Tour de France visitors what they think is really special about it.

"The competition is open to pupils between the ages of five and 16, and the closing date for entries is **April 4th**.

"Shortlisted posters will be displayed as part of our Tour and our 60th Anniversary celebrations on the tour day at the National Park's special spectator hubs in Grassington, Hawes and Aysgarth Falls alongside big screens broadcasting the race."

Copies of the entry form and details of how to enter can be obtained by contacting:

catherine.kemp@yorkshiredales.org.uk

BRICKS!

Free to a good home.

Phone Andrew Hague

650548



*Mystery picture. Last month's was of Devil's Bridge, Kirkby Lonsdale and first spotted (again!)
by Neil Dixon of Carperby*

Injury Management - a Word From Jo

Shoulder injuries seem to be the flavour of the month at the moment. Several have been chronic – maybe 6-8wks following injury, several have been at the acute stage. That time differential makes a huge difference in attempting to fathom out what's actually happened. Most people are naturally curious about what they've done.

In chronic cases the symptom picture has often become very distorted by natural attempts to compensate; it's only after the secondary symptoms have resolved that the prime lesion becomes clear. The fact that it hasn't healed after so long tells us that it's likely to be something more serious than a simple muscle tear. Patients often ask what they should have done immediately after injury – how do they know whether they should carry on bravely, or rest up?

In most cases, my advice is to always err on the side of caution – assume it's the worst case scenario – you've torn tissue, lots of it, so it needs careful management. What you do in those initial few days can make a real difference to how well and quickly the injury heals. **RICE** is always a good idea – **Rest Ice Compression Elevation**. In most cases you can't go wrong with that, it may not always be enough, but it's unlikely to make things worse!

Doing nothing on the other hand, can most definitely make things worse. Even days or weeks after the injury occurred, RICE can still play an important part in recovery.

**Josephine Lade LCSP (Phys)
Reflex Orthopaedic Massage**

Wensleydale Gun Club

Membership of the Wensleydale Gun Club is now open for 2014, fees remain the same as last year at £5 per annum and membership application forms are available from the Secretary.

This year's first Club meeting will be a 25 bird, sporting shoot at Arngill, Askrigg on **Sunday 13th April starting at 1.30pm**. Members can join on the day and the shoot is open to both members at £5 and non-members at £8.

All other Club shoots are at the Victoria Arms, Worton on the following dates and are open to members and their guests and prospective members only, with the exception of Thursday 29th May which is an open charity shoot with proceeds going to the LVA.

Thurs 1st May 6.30pm	<i>DTL 10 bird</i>
Thurs 15 th May 6.30pm	<i>DTL 10 bird</i>
Thurs 29 th May 6.30pm	<i>Open LVA Shoot, 25 bird</i>
Thurs 12 th Jun 6.30pm	<i>DTL 10 bird Ball trap shoot</i>
Thurs 26 th Jun 6.30pm	<i>DTL 10 bird</i>
Thurs 10 th Jul 6.30pm	<i>DTL 10 bird</i>
Thurs 24 th Jul 6.30pm	<i>DTL 10 bird</i>
Thurs 7 th Aug 6.30pm	<i>DTL 10 bird</i>
Fri 26 th Dec 1.30pm	<i>Bring a prize, win a prize</i>

Beginners are welcome at all Club shoots at Worton with supervision available.

Please remember only **Felt wads** can be used at Arngill and Worton. **No Plastic wads** as all areas are grazed.

If you are interested in Clay Pigeon Shooting come along to Arngill and Worton and have a word with us. We look forward to seeing you on the 13th of April for an afternoon of good shooting.

**Richard Waring,
Secretary**

Squirrels

The Wensleydale Red Squirrel Group needs your help. We need to have a clearer picture of where red squirrels are in the Dale. This will be crucial for planning work to encourage the spread of red squirrels and to allow the population to increase.

How to report sightings of red and grey squirrels:
Ø Report on our web site:

www.wensleydalersg.co.uk/sightings.html,

This also gives valuable information about red squirrels and how to encourage them.

Ø Complete the Freepost postcard available from the Museum. We need to know the exact location and the date of the sighting with the number of red squirrels seen.

In Wensleydale we are at the south eastern limit of the current distribution of red squirrels in England so it is vitally important to promote their future as the only native British squirrel.

The new logo for the Wensleydale Red Squirrel Group is launched in this Newsletter. We will report back in future Newsletters our findings from this survey and hopefully over time how they are spreading down the Dale and the projects we will be undertaking with local land owners and the community to promote red squirrels.

We are also looking for a new member who has expertise in using Facebook and Twitter to help the group expand its on-line activities. Please use the website to register your interest.

In the future we plan to increase the awareness of the local population and visitors of these attractive animals that are native to our area.

If you spot a red squirrel let us know!

Anthony Bagshawe



Bittern Booking Now Open! Swaledale Festival

Tickets for rides behind the Bittern steam locomotive are now on sale at the Festival website: www.swalefest.org

Bittern will open the 2014 Festival with three excursions on the Wensleydale Railway on Saturday 24th May, at 09:30, 13:00 and 16:30. Tickets are £20, or £15 for under-19s. Fuller details are on the website. This is an exceptional chance to enjoy the sight, sound and smell of one of the grandest steam locomotives, in beautiful lower Wensleydale.

Dale Spray!

The UK's National Parks are delighted to announce a new partnership with leading home fragrance brand *Air Wick*, aimed at promoting 'Britain's breathing spaces' in a new and interesting way.

Air Wick, the number one brand in air fresheners, has launched the National Parks Fragrance Collection inspired by the 15-member National Parks family and crafted by Air Wick Master Perfumers to capture the freshness of our iconic countryside landscapes.

"We view this as a fantastic opportunity to make everyone more aware of these beautiful areas of protected countryside... and help to preserve their heritage," said Air Wick Marketing Director Jerome Lemaire.

In addition to raising awareness of the UK National Parks family, the partnership will help generate funds for vital heritage projects



March Films in Leyburn

Thursday, Friday, 6th, 7th

2.00pm and 7.30pm

Captain Phillips (12A)

Then: **March 13th, 14th:** Les Miserables

March 20th, 21st: The Butler

March 27th, 28th: White House Down

Newsletter Annual General Meeting

Wednesday March 19th, 7.30pm

Sycamore Hall, Bainbridge.

Open to all!

Police Report

It appears that purse or bag dippers have been operating in the Hawes area as a shopper reported that a mobile telephone had been taken whilst out shopping. The phone was an Apple i-phone which are very desirable to thieves. This is a very rare crime in our part of the world but I draw your attention to it as forewarned is forearmed as they say. Be aware of what you have on display in your bag or what you may have just put into your pocket as offenders will watch and then make their move without you even noticing.

Quads Again. They are still being heavily targeted. Two quad bikes were stolen recently at Finghall early evening – around 6.45pm. They were ridden away and due to the vigilance of the owners police were alerted quickly and a subsequent arrest was made.

A quad was stolen from Arkengarthdale and when new it had a tracking device fitted. This quad was subsequently found abandoned in the Fishburn area due to this device and recovered. It shows the value of fitting such a device.

Oil and diesel continue to be firm favourites amongst a section of the criminal fraternity. Heating oil has been taken and tanks attempted at various locations in the dales. Quantities vary from 500 or so litres, which takes a large tank, down to just a few barrels. As I have reported in previous editions the large quantities are more than likely being pumped into a tank in the back of a van. There is often signs of leakage so if you are driving along behind a van which has signs of oil from the doors down on the rear bumper or if drips can be seen then please call us as oil is a chemical and needs transporting accordingly with appropriate signage. This is not usually in the back of a van and therefore is a good pointer that something may be amiss. Again recently prompt action by a member of the public resulted in some arrests for this type of crime.

All the above crimes have occurred since I wrote the article for the last newsletter (Jan 19th to Feb 18th) so it gives an indication of the activity in the dale. It does not all happen during the night so please be aware and with your help we can and do catch them.

Thanks as always

Andy Foster PC826
Leyburn Safer Neighbourhood Team
Wards of Addlebrough and Hawes & High
Abbotside
Telephone 101
SNLeburn@northyorkshire.pnn.police.uk

New Research Project - Can you complete an online questionnaire?

Richard Ellison, a local student, is currently conducting a university research project in the National Park, focusing on the issues of affordable housing development and landscape conservation.

Having grown up in the National Park, I have long been aware of the pressures our area faces in providing enough affordable housing for local people, and that providing more housing can easily come into conflict with the need to protect the special qualities of our villages and landscapes. Now, as part of my degree in Geography at St Andrews University, I'm considering these issues further and asking local people to share their views, priorities and opinions.

I'd like to gauge the views of a wide variety of residents and am inviting anyone that lives in the National Park to complete a short online questionnaire. It should take around 10 minutes to complete and responses are anonymous. Results will be publicised this summer, in a time of considerable change for housing and planning policy, in our area and on a national level.

Your participation will be a great help and I hope you are able to take part!

Please find the questionnaire at: <http://surveys.st-andrews.ac.uk/park> (minus the 'www')

If you have any questions, or would like more information, please feel free to get in touch on **07883915148** or at: rje@st-andrews.ac.uk

Richard Ellison

Wanted
CUTTERS AND SEWERS
To MAKE BUNTING FOR HAWES
TOWN
CELEBRATING
THE TOUR DE FRANCE
TUESDAY EVENINGS: 7-15 – 9-30PM
STARTING 11TH MARCH
ALL BUNTING FABRICS SUPPLIED.
ALSO WANTED OLD WHITE COTTON
SHEETS
CONTACT RUTH OR ANNE AT THE
CHAPEL GALLERY
OR
info@chapelgalleryhawes.co.uk
WE ARE AIMING TO HAVE ALL THE
BUNTING MADE BY EASTER.



News From the Central Dales Practice

We would like to welcome 6 new children into the setting and our new play worker Lucy Entwistle; they have all settled in really well and we are really excited by the high numbers using the setting and having a new person on board. Dalesplay provides 2, 3 and 4 year old funded places, breakfast, after school and holiday clubs, sessional and full day care for children 0-14 years. Dalesplay is a non profit making charity run by voluntary directors who work hard to keep our childcare costs at a minimum and to meet all your childcare requirements. Please feel free to request a brochure for more information or call to arrange a suitable time to come and have a look around the setting on **667789**.

With all the fantastic fundraising efforts made last year we have been able to purchase a new early years computer for the younger children in Dalesplay. They are really enjoying using it and learning new ICT skills. The older children have enjoyed helping to teach the younger ones how to use it too, which is wonderful to see.



We have also been donated a Nintendo Wii and a TV for the older children to use, and 3 laptops which were no longer required by their previous owner, we are very grateful to all those who have donated these to the setting; they are being used and loved by our children and have contributed in helping them to develop their ICT Skills.

The children in Dalesplay have been reading 'The Hungry Caterpillar' and have been making Caterpillars out of play dough, Butterfly biscuits, 3D Butterflies, played Hungry caterpillar dominoes and much more. In the weeks ahead we will be looking at how to keep ourselves healthy and we have transformed our role play area into a hospital where the children have already spent time bandaging each other's poorly limbs and learning how to take care of each other.

Joanne Fothergill

Minimum Practice Income Guarantee

MPIG - we are still looking at losing our MPIG monies which would mean a loss of between £78,000 and £25,000 per year over the next 7 years. We have not been highlighted by our Local NHS Area Team as being on their 'Outliers' list which means no provision is being made to protect us. This is a matter the Upper Dales Health Watch are assisting us with. Please note however that there are absolutely no plans to close our Aysgarth Surgery.

Dr West / Dr Brown - with effect from April 1st 2014, Dr West will be reducing her working week from 4 days to 2 days. In addition, Dr Brown will be increasing her working week from 2 days to 4 days.

Lynn Irwin, Practice Manager

TOSH

are proud to present:

Saturday 1st March 7.30pm:

"An Enchanted Evening" with Incantare a live music event with selections from popular musicals, Old English Folk songs and Opera. Tickets £7.50.

Saturday 22nd March 7.30pm

"Friends of Dave" a vocals and Guitar Duo performing a bunch of great songs by classic writers such as John Martyn, Nick Drake, The Beatles and Neil Young.

Tickets £6.00.

All enquiries and bookings to The Old School House Box Office on **624510** or email: admin@oldschoolhouseleyburn.com

Lesley Williams, Administrator

Tour de France

News from villages

We are receiving lots of news about the preparations in Hawes and High Abbotside and would be delighted to hear of the plans being made in the other areas which are right on the route. Newsletter email:

alan.watkinson@virgin.net



Protecting yourself online

No scare stories this month, well not many, but a plug for a really great application that will help keep you safe online.

Over the past few years I have used, and encouraged customers to use “Malwarebytes Antimalware” alongside your normal Antivirus program. Note, I am not in any way affiliated with the company but do highly rate their product.

Malwarebytes have been, and continue to be, very generous and offer the programme to use for free and it does an excellent job of cleaning up many nasties that antivirus programs often miss. However the free version only works if you actively update it and scan your computer regularly manually.

The paid for “pro” version goes one step further and keeps itself up to date and monitors your computer and web surfing constantly so that if you accidentally visit a website with known nasties (or are directed there via a malicious email) it will actively block that website before your computer can get infected.

The company is American but you can buy a licence in UK pounds via their website www.malwarebytes.org (costing about £20). You receive an instant code to unlock the program and an email confirmation – make sure to print out and keep a copy of the email in case you want to reinstall the software later on a new computer.

Malwarebytes have, so far, sold their product with lifetime licences – i.e. you buy it once and can use it with updates and new versions forever, even if you swap to a new computer. However they recently announced that version 2 is about to be released and once that happens all new licences will be an annual subscription. Life time licences will be honoured and so I strongly recommend that if you want Malwarebytes Antimalware to protect your computer you buy a licence as soon as possible before version 2 is released and get a lifetime license. Please note you do



need a licence for each computer you want to install on and it only works on Windows computers.

With the end of support for Windows XP in site I strongly recommend all XP users to make sure they have good virus protection and probably Malwarebytes program installed on their computers before April 8th.

Remember NO PROTECTION is 100% and so please be careful when browsing the internet and reading emails and don’t click on anything you are not 100% sure.

On the subject of useful products the responses to Windows 8 are becoming more mixed with some people getting on with it OK and others very frustrated. If you have Windows 8 and hate the new way it does things go to www.stardock.com and buy their program called Start8. Once installed Start8 makes windows 8 work in an almost identical way to Windows 7 (and very similar to Windows XP and Vista). You never have to see the tiles screen again (if you don’t want to) and also you get your traditional Start menu back. The choice is yours but if you are put off Windows 8 then I recommend Start 8 as the easy way of enjoying a Windows 7 like experience on a new computer. Note it costs \$5 (about £3.50).

That’s it for March – I must admit I need some help with ideas for new articles. Please get in touch and let me know your ideas – my email address:

carol.haynes@dalescomputerservices.com or you can phone or drop me a line in the post (details on my temporary website www.dalescomputerservices.com). Be safe.

Carol Haynes

Press News

February saw the installation of a large format printer at Wensleydale Press, Hawes. This can reproduce photos, drawings, paintings etc. onto various types of paper up to 36” wide and 27 feet long (mind you Liz doesn’t look forward to doing that length).

It will also scan large documents, such as house drawings, and can either print out or save to disc or email.

To enhance the service the new A2 laminator will finish the job. but it still doesn’t do the ironing!

News Far and Wide from Gayle Mill

Many readers of this newsletter would be surprised, perhaps, to learn from how far afield our Volunteers at the Mill are drawn. Some of them began their volunteering career at Gayle Mill as visitor and have been so hooked by the story of the Mill, its heritage, its place in the local community and its restoration, that they have come back to help out, lend their expertise and learn new skills. I spoke to one of our volunteers recently, Martin, who lives in the south, close to the River Thames and not far from the towns and villages having such a tough time just now. He told me that he's been volunteering at Gayle Mill for about eight years. But how?

Coming up to Wensleydale for at least a fortnight a year to catch up with friends and family, Martin has managed to forge links with the volunteering community at the Mill and he tells me that his visit to the Dale doesn't seem complete unless he's spent some time with us. The benefits to Gayle Mill are obvious: his enthusiasm and commitment to delivering first class tours to visitors, not to mention his interest and personal research into the episodes of military history at the Mill – he's a former TA soldier.

I asked him what the benefits are to him, personally from volunteering at Gayle Mill?

'I love it', he told me. 'Whatever you want to do, whatever skills you have to bring, there's an opportunity for you at Gayle Mill. I've met some really interesting people at the Mill; there are other Volunteers and Friends of Gayle Mill (FoGM) who have become friends. And then there are the visitors too. People who come from all over the world, from all walks of life. When you see their faces light up, because you can bring to them a special experience, the unique history of our industrial heritage that they can almost still reach out and touch in the dust and wood shavings.....that makes it worth all those miles between here and the M25!

If you're reading this and you are a visitor, or holiday homeowner thinking you'd like to find out some more about being an occasional volunteer at Gayle Mill, like Martin, please ring on **667320** or drop an email enquiry to admin@gaylemill.org.uk

Lynda Casserly

Wensleydale Decorative and Fine Arts Society

11th March 2014, 2.00pm

Middleham Key Centre.

Title: From Berlin to Bridlington- Lucian Freud and David Hockney: who is the greater artist?

Great artists are like buses: you wait years for one to turn up and then two come at once.

It happened with Reynolds and Gainsborough in the 18th century, with Turner and Constable in the 19th century and now, thrillingly, with Freud and Hockney. The sell-out success of their two recent London exhibitions testifies to the excitement that both artists create.

Hockney said that when Freud painted him it took 130 hours and that when he painted Freud it took him 3 hours! On the other hand Hockney's range of subject matter, experiment and challenge is far greater, almost akin to that of his hero Picasso.

This lecture will look at the careers of both men. From Freud's legacy of an upbringing in Weimar Republic Berlin, as the grandson of Sigmund; and of Hockney's journey from Bradford to Swinging 60's London and then to hedonistic California and finally back to Bridlington, and his extraordinary paintings of the Yorkshire Wolds.

The nearly impossible question- who is the greater artist – will be posed by John Iddon who is a lecturer and guide at Tate Britain and Tate Modern.

Non-members are welcome at £6 per lecture, pre-booking is essential, membership and further information is available from the Membership Secretary, tel. **01748 886545**

WHAT'S ON LISTINGS - Add these dates to your diary

March

- 1,22 Events at TOSH, Leyburn. see p.10
 2 Gayle Mill: Demonstration Tours; 11.00am and 2.30pm
 4 Shrove Tuesday
 4 Worton coffee morning. See p.4
 4 Hawes Drama Group reads 'After the ball was over'. Gayle Institute, 7.30 pm.
 4 W.I. Coffee Morning, Hawes Methodist rooms; 10.00am to noon. See p.16
 5 Ash Wednesday
 5 Coffee club. See p.4
 5 Ash Wednesday service; 7.00pm, St Oswald's, Askrigg with Bishop James Bell
 6 Meeting in Wensley Church, 5.00pm for any helpers for the Flower Festival in August
 6 Concert; Leyburn Brass Band, 3.00pm In St Oswald's Church, Askrigg
 7 Domino Drive at Carperby Institute. 7.30pm. All welcome
 7 World Day of Prayer service, Hawes Methodist Church, 2.30pm
 7 Wensleydale Society ; 'Kiplin Hall' by Dawn Webster. 7.30pm, West Burton Village Hall
 7,14,21,28 Mid-Dale Lent lunches. See p.4 for venues
 8 Peter Abbott in Concert; West Witton. See p.22
 8 Thoraby Safari Supper. See p.22
 8,12 Events in Thornton Rust. See p.25
 9 Marsett Chapel 'Singalong'; 8.00pm with Gayle Ladies
 9 Café Style Service; St Oswald's, Askrigg, 10.30am–Percussion in Praise
 10 Clothes collection for Air Ambulance. See p.3
 10 Next Hawes TdF meeting. See p.20
 10,31 Food for Thought meetings. See p.15
 11 Decorative and Fine Arts Society; Middleham,2.00pm. See p.12
 11 YDNPA Planning Committee; Yoredale, Bainbridge, 1.00pm
 13 Hawes Utd Football Club in final of Medal Shield. Bus from Fountain Hotel. See p.22
 14 'Filling Station', Middleham Key Centre, from 7.00pm. See P.21
 14,30 Bolton Castle events. See p.5
 14 Pie and Peas Supper; Swinithwaite. See p.6
 14 Marie Curie Street Collection, Leyburn Market Place; 9.00am to 1.00pm. Anyone wishing to help ring **623533**
 15 St Patrick's Green Themed Karaoke evening; Fountain Hotel, Hawes
 15 Coffee Morning; 10.00am to noon. Back Room, Askrigg Village Hall with Handbell Workshop in main hall. Raffle and cake stall. Entry £2.00
 15 Gayle Mill: Lino Print Workshop; 10.30 to 4.30pm
 16 Bainbridge Methodist service in Sycamore Hall, 10.30pm
 16 Table top sale, 10.00am to 4.00pm, Market Hall, Hawes for local school
 17 St Patrick's Day
 18 Middleham and Dales Local History Group. 2.00pm. See p.21
 18 Hawes Churches Together Coffee Morning; Methodist rooms, 10.00am to noon. For Water Aid
 19,26 Lent lunches; Hawes Methodist rooms from noon, for Water Aid
 19 Carperby W.I. "Albert and the Lion" 7.30pm
 19 Newsletter A.G.M. 7.30pm See p.8
 20 Hawes W.I. 7.00pm; Gayle Institute. 'How to create a second life'
 20 Aysgarth Parish Township Meeting; 7.30pm; Aysgarth Institute
 21 Museum Friends: 'Restoration of Swinton Hall Gardens'. 7.30pm
 21 Pies, peas and talk; Stalling Busk 7.30pm. See p.6
 23 North Yorkshire Dales Methodist Circuit: circuit services: Leyburn and Richmond; 10.30am; Gayle 6.30pm
 25 YDNPA Full Authority Meeting; 10.30am
 26 Blood Donor sessions; afternoon and evening, Market House, Hawes
 26 Area Partnership Meeting; Yorebridge,Askrigg, 7.00pm
 26 Upper Dales Family History. See p.24
 27 Gayle Ladies; 7.30pm. 'Best British Recipes'.
 28 Yoredale Natural History Society; 7.30pm. Leyburn Methodist Hall
 29 Gayle Mill: Family Workshop for Mothers' Day presents;10.00am to 2.00pm
 30 Mothering Sunday. United café church Service' with Bainbridge and Askrigg School choirs St Oswald's 10.30am
 30 Thanksgiving service, Ripon Cathedral. See p.6
 31 Taize service, Hawes Methodist Church, 1.00pm; soup lunch from noon

Doctors' Rotas Supplied by the Health Centre

AYSGARTH SURGERY ROTA Wb - week beginning											HAWES SURGERY ROTA Wb - week beginning										
Wb	Mar 3rd		10th		17th		24th		31st		Wb	Mar 3rd		10th		17th		24th		31st	
Day	am	pm	am	pm	am	pm	am	pm	am	pm	Day	am	pm	am	pm	am	pm	am	pm	am	pm
Mon	FB	FB	F	F	FJ	FJ	WJ	WJ	JB	JB	Mon	WJ	WJ	J	J	WB	WB	FB	FB	WF	WF
Tues	WJ	WJ	J	J	WB	WB	FB	FB	WF	WF	Tues	FB	FB	F	F	FJ	FJ	WJ	J	JB	JB
Wed	F	F	B	B	F	F	W	W	J	J	Wed	W	W	J	J	J	J	F	F	W	W
Thur	W	W	J	J	W	W	J	J	F	F	Thur	J	J	F	F	F	F	W	W	J	J
Fri	J	J	F	F	J	J	F	F	W	W	Fri	F	F	B	B	W	W	W	W	F	F
Doctors: B-Brown, F - France, J - Jones, W - West, C - Closed Morning Surgery: 9.00 - 10.30 am no appointments Afternoon Surgery: 4.00 - 5.30 pm appointment only <i>For appointments and all enquiries ring 663222</i>											Doctors: B-Brown, F - France, J - Jones, W - West, C - Closed Morning Surgery: 8.45-10.15am Tues till 10.45 no appts Afternoon Surgery: 5- 6.00pm Tues 1.30-4.00 appts only <i>For appointments and all enquiries ring 667200</i>										

Ranger Report

With lambing time and the bird breeding season approaching, a note to dog owners. The next few months are crucial for wildlife and farm animals alike, and dogs can cause lasting damage if they are allowed to roam free.

The breeding season - which lasts until 31 July - is a very sensitive time for birds and domestic and wild animals as they give birth to, and then raise, their young.

We would advise owners to keep dogs on a lead to reduce the risk of unintentional disturbance. There are some simple rules under the Countryside Code that pet owners must remember. The most important is that on most areas of open country and common land – known as 'access land' – you must keep your dog on a short lead between 1 March and 31 July, and all year round near farm animals.

Rangers and National Park Centre staff are only too happy to give advice to anyone who is concerned about going into an area that may be used as a breeding ground by wildlife.

More information about the Countryside Code and dogs can be found on the National Park Authority website at www.yorkshiredales.org.uk/dogs.

I am also asking visitors and locals alike clean up after their dog. We have noticed that there

have been an increased number of incidents of dog fouling, especially on paths around villages. If your dog fouls a public place, including public footpaths, bridleways, open access land, pavements and car parks, then you must clean up after it. Failure to do so may result in an on-the-spot £50 fine.

Since my last report, National Park Rangers and Dales Volunteers have been maintaining the public rights of way network throughout the area. One of the larger projects has been to construct a new footbridge at Smelter Farm, Bishopdale, replacing a decaying metal bridge which had come to the end of its life. Another on-going project has been the repair and the cutting back of the turf on the flagged paths around the village of Askrigg.

Activities are stepping up a gear as we head towards the Tour de France's arrival on 5 and 6 July. Welcome to Yorkshire will continue to release important information for visitors and residents alike as it becomes available – keep checking www.letour.yorkshire.com to be kept up-to-date.

I would like to remind you that if you encounter any problems whilst using public rights of way or open access land you can contact either Access Ranger Paul Sheehan or myself on **666226** or **662912**.

Nigel Metcalfe
Area Ranger - Lower Wensleydale

Hawes School News



Cookery Club

On Tuesdays we have a cookery club after school run by Mrs Fothergill and Mrs Scully. The children have made all sorts including pancakes, pizza and scones. This has been proven to be a great success and these are some of the comments from the children: 'we made pancakes, they were delicious, thank you Mrs Scully and Mrs Fothergill' – **Lola age 6**. 'I really liked making pancakes, my Mum and Dad are very proud of me. Everything was delicious, I really liked making fairy cakes, in fact I liked doing everything' – **Aiva age 7**. 'I liked doing pancakes, we all flipped them over in a cooking pan, taking turns' – **Jack B age 10**. 'I love taking turns in mixing the batter with my partner and I love the nice smell of what we have made. I love cooking' – **Esme age 8**. 'We made fruit salad, we had to peel the oranges and cut the strawberries' – **Tia age 5**. 'I liked putting the fruit in the pancakes and flipping' – **Lauren age 6**. 'I like making pizza, fairy buns and pizza and then eating them' – **Jessica age 7**.

Carbon Reduction Workshop

Power Down Pete came in to school on the 12th February and talked about how we could save the environment. He showed us different ways to save energy. Pete brought in lots of gadgets that would help us save energy - a timer plug for computers and phones, a solar charger and a heat leak detector.

We also played some fun games. There was a parachute game where Pete put the gadgets under the parachute and told us what we had to find, the second game was called rainbows and lightning bolts where we had to roll the dice and we were in teams it was a bit like snakes and ladders we went up the rainbows and down the lightning bolts. We all had a great time and learnt a lot about looking after the environment.

Isabel Year 4

Bus Services

Here are the main details of the reduced services for our area from **April 20th**.

Combined 156/157, Hawes– Leyburn Be-dale, down each side of the Dale. The hourly service is reduced to three return journeys along each side. There is an additional comment: "*Community Transport will be enhanced to provide additional support.*"

159 Richmond-Leyburn-Ripon. The revised timetable reduces frequency from hourly to not more than two-hourly, plus the *italic* comment above.

30 Richmond-Keld .Withdrawn services: 0715 Gunnerside; 08.15 and 18.15 from Richmond; 08.40 and 17.00 from Reeth. The rest will be consolidated with service **32** (Hudswell-Catterick-Richmond) for overall performance.

Revised timetables will be available shortly on the website:

passenger.transport@northyorks.gov.uk or by phoning Customer Services:**0845 241**

1307

Food For Thought

Two Monday Evenings in Lent at Berry's Farm Café, 6.30 for 7.00pm

March 10th

'Christian Vocation', Revd. Ian Robinson

March 31st

'Caring for Life', Peter Parkinson

Tickets: £7.50 from Anthony Day,

Gordon Lodge (**624171**)

There is no charge for desserts. Donations instead go towards 'King's Club' on the first evening and 'Caring for Life' the second

Heavens Above

March 1st-8th is National Astronomy Week when astronomical organizations all over the country will be inviting visitors to explore the wonders of the night sky. This year the focus is on Jupiter, the solar system's largest planet, currently at its best for over 12 years. You'll find details of all the special events on offer at www.astronomyweek.org.uk but if you can't manage to attend any of them yourself you can still join in by organizing an observing session of your own. Go out after dark on any clear night in March and you'll find Jupiter shining brilliantly high in the south in the constellation of Gemini the Heavenly Twins. It's visible well on into the early morning hours right through the month and shines so brightly it can't be mistaken for anything else.

Jupiter's distinct creamy-yellow colour is very apparent viewed with good binoculars, which should also show you the planet's four biggest moons. They look like tiny star-like points strung out on either side of their gigantic parent though you might not see them all at once. Altogether there are more than 70 moons in the Jovian system but most of them aren't visible from the Earth.

With a diameter of nearly 90,000 miles Jupiter is a truly massive object – bigger than all the rest of the planets put together. In fact you could fit well over a thousand Earths inside its huge bulk. Despite its size it spins faster than any of the other planets taking just a less than 10 hours to turn on its axis. As a result the equator bulges noticeably outwards giving it a distinctly squashed appearance viewed with even a small telescope. A larger aperture reveals some of the many dark belts and bright zones crossing the disc as well as the Great Red Spot – a massive storm that's raged in Jupiter's dense, turbulent atmosphere for many hundreds of years.

Jupiter will remain prominent right through until late April when it slowly fades away into the evening twilight before it returns as a morning object in early November in the constellation of Leo the Lion. In the mean time look out for the planet Mars which comes to opposition in April. It won't be quite as bright as Jupiter but should still be a striking sight in the southern sky.

It's your last chance this month to get a proper view of Orion and the rest of the bright winter constellations before they call it a day. They're already well over into the west and will soon make way for the springtime groups stealing in from the east. Spring itself officially begins at the Vernal Equinox on March 20th when the Sun crosses the Celestial Equator to shine over the northern hemisphere once again. After the long dreary winter we've had to put up with it can't come too soon for me. Have clear skies!

Al Bireo

West Burton School News

This has been a particularly wet and damp February but on the day we went to Wigton Moor Primary School in Leeds, it was fairly dry. It took approximately an hour and a half on the bus and while we survived the travel sickness, not everyone was so lucky!

Some children felt a little nervous because they had not been there before or not for some time anyway. Also, Wigton Moor is a big school of over 400 pupils with two classes for each year group so our whole school is smaller than one of their year groups!

In the morning, we split into small groups and learned about Islamic patterns, beliefs, prayer, the Qur'an and festivals. For lunch we had curry, noodles and cucumber with Strawberry Ice-cream for pudding. In the afternoon we did PE and practised volleyball.

Some of us recognised friends that we have made from other visits and we all felt very, very welcome. We really enjoyed visiting Wigton Moor School and we look forward to them coming to visit us next time in the summer term.

Freya, Jamie, Marcus, Naomi (Y4)

Hawes WI Coffee Morning

on Tuesday 4th March
in the Methodist Rooms
from 10am to noon.

Stalls include baking, books and bric-a-brac.

Location, Preservation, Destination

I arrived at Bolton Castle on a snowy morning to interview Tom Orde-Powlett, to find myself walking through a Tudor London street scene in the middle of the courtyard. I caught up with Tom in the office talking with a BBC production Manager about the Castle's opening week-end of the season.

I discovered that this is Tom's latest endeavour to put Bolton Castle on the map as a film friendly **location**. As Tom had been sworn to secrecy, he was reluctant to confirm or deny the rumour that the set was being built for the Horrible Histories new film about Shakespeare. Filming takes place the first two weeks of March when some areas of the castle will have restricted access, but Tom is keen to ensure visitors still have a great experience. He feels that attracting film companies is not only good for the Castle, but brings benefits to the whole community. Locally sourced materials were used to build the set and around 100 people are staying nearby during filming. It's hoped that parts of the set may be left on site as an additional attraction.

Tom explained that there is always a fine balance in managing the family business – in order to preserve the castle for future generations and make it a first class tourist destination; he needs to raise money from such diverse sources. They have also been successful in marketing the castle as a wedding location and would like to attract more couples to tie the knot there.

The **preservation** of such an important and historic building he revealed is the most frustrating part of his work; every day when he walks around the castle there seems to be an endless list of things to improve. The last few years of freezing temperatures, and then sudden thawing had loosened the mortar in the wall tops and major work of re-pointing and de-vegetation had to be carried out to ensure all areas were safe for visitors to explore.

Tom works closely with Katy Boggis his General Manager to make the castle a **destination** of choice for school groups and families. Over the past five years they have made the visitor experience as interactive as possible by introducing archery, birds of prey, wild boar and bees. They are aiming to provide the best possible family day out with Kids Trails and activities and family picnics from the tea room.

The ticket for locals has been one of the most popular ideas introduced last year (paying for one visit gives free access for the rest of the year). Tom is also excited about the new phone app which should help bring the place to life with images, text, and audio for each room and video showing how the castle might have looked when first completed.

Tom admits a certain naivety when he left the Army in 2007 and took on the responsibility of making Bolton Castle a first class and profitable tourist destination. He achieved the rank of Captain in the Irish Guards, led the ISTAR (Intelligence, Surveillance, Target Acquisition and Reconnaissance) group in Central America and was awarded the Military Cross for his service in Iraq, but nothing had really prepared him for the challenge ahead – to develop the Castle whilst bringing up a growing family. Tom and Katy have three children (Hector, Flora and Cressida) all under the age of six and are expecting another baby in May!

He sometimes misses the camaraderie and intense experience of front line leadership of a platoon, but takes great pride in his recent achievements. They have been awarded the Trip Advisor 'Certificate of Excellence' which is based solely on visitor feedback, making all the hard work worthwhile. Tourists also provide the funniest moments:- a visitor recently asked "I believe Mary Queen of Scots stayed here – was this before or after she was beheaded?"

Tom feels passionate about and privileged to live in such a wonderful part of the UK, so is keen to support the Tour de France which provides another great opportunity to attract visitors to the area. The Castle tea rooms will have extended opening times during the Tour week-end offering breakfast and dinner.

K.J.



Best Foot Forward

From our back windows we look across to one of the best half day walks there is and I can't think why it has never featured here. So here goes. It is OK at all times of the year. I'm talking of Stags Fell to the north of Hardraw and Sedbusk.



Most people (not that there are all that many and I've rarely met anyone on the top) go anti-clockwise.

I would like to suggest the opposite. From Hawes, wander on to Hardraw either via the Pennine Way or across what was the old football field for Hawes, and climb up to Simonstone. Shaw Gill Wood is a 'must'. It can be slippery but there are paths on either side of the beck and the falls. The one on the right has recently been re-flagged. If you like garlic, this is the wood for you! From the end, follow the right of way which overlooks Strands across the beck and then climbs to join the Buttertubs Road just above the waterworks building.

From here the choice is yours; there are several ways to get to the top of Stags Fell, but my preference, and the reason for going clockwise is that two scars can be scrambled up instead of the rough boring new track, and I much prefer to scramble up than teeter down!

Walk along the narrow path above the waterworks (a rather grand name this! Most of it is underground.) to the wall crossing by the old quarry. From here scramble up the grassy scar to the small cairns. Further on you will see the large sheepfold to the left, and then look for your chosen route up the next scar— High Clint— to the two large cairns.

This is a great viewpoint; down to Hawes, across to Sleddale with the highest road in the dales climbing up to Fleet Moss, Widdale to the south west, the main Dale and Mossdale to the west and Cotterdale to the north west.

It will soon be the time for the return of the golden plover, and up here you are bound to hear its far-away 'piping' call as you travel south east along the top, an easy walk now on grown-over limestone pavement, and at the end drop off to the bridleway south to Shutt Gate. There is a gate, and it has the longest

chain I know holding it shut! You will really stretch!

The rest is straightforward: Shutt Lane, Sedbusk and the footpath off the road down to Haylands Bridge and Hawes. If you struggled with the shut gate, you will further experience what I think is the narrowest squeeze stile just



above Mile House Farm.

You can, of course, go beyond Stags Fell to the top of Lovely Seat; watch out for ground nesting birds, and beware, the area round the many gills leading east into Sargill Beck can be very boggy! It is interesting to see how many you manage to avoid in getting to the top.

A count has just revealed the latest Stags Fell ascent was my 49th since 1987, so if you do see anyone up there, it's quite likely it could be me!

A.S.W.



Yorebridge Sports and Fitness Wensleydale Centre Askrigg

NEW... Soft play on **Saturdays 10.00am to noon.**

Starting Saturday 8th March

Let your child have fun, be active and develop some essential balance and muscle control at our five years and under soft play session, here at Yorebridge Gym, Askrigg. Newly available on a Saturday morning. Filter coffee, tea and refreshments available. Older children? In addition table tennis and craft space available for all ages. Great value offer price of £2.00 per child. All children should be accompanied by an adult.

For more information contact us on **650060** or email admin@yorebridge-sport.co.uk.

Prunings

A personal take on Plants, Propagating and other related rural ramblings.

Looking out at the snow and rain I am so fervently thankful that I do not live in the Thames Valley or the Somerset Levels. We are no strangers to flooding here in the Dales, but there is some consolation in the knowledge that at this elevation it can't last long. On reflection, if we had been wading about in polluted floodwater for 6 weeks, there would not be much left of the UK.

New Year's Resolutions have never been my forté, but staying healthy seems a reasonable ambition, so I was intrigued by Bunny Guinness writing in the Telegraph last Sunday, (9 Feb.) She quotes from Dr David Angus, who's book "A Short guide to a Long Life" contains 65 simple things scientifically proven to increase lifespan. "Gardening", he told her, "is a powerful way to achieve many of them." Well, we all knew that didn't we? Most of us run out of time before we have managed to: Eat real food: Grow our own food: Maintain a healthy weight: Dig or chop for 15 minutes a day to jack up our heart rate: Grow herbs to deal with sickness and improve our posture – to mention just a few. Most of us muddle through doing as much as we can.



In theory Spring is approaching: snowdrops nodding, catkins in the wind, a whole selection of harbingers. In practice, up here in the North, Spring sowing may have to wait a while.

It's a good time to sort out seeds, especially on a miserable day. My hoarding habit has resulted in enough seed packets to plant up the North of England. This year I intend to be ruthless and throw out any that are past sow by date. Of course there will be odd ones that I can't bear to part with, (Why did I not get around to sowing them?) The viability of such gems can be checked by scattering a few seeds on damp kitchen paper to see what percentage germinate.

If you can get anywhere near anything practical without sinking in the mud, it is also a good time to propagate *Day Lilies*. In-

creasingly large clumps can become so congested that the flowering is reduced. It works best if you dig out the whole clump. – Split it by the age old method of two garden forks in the middle and pull apart. I usually need help at this point as they can be incredibly tough. Replant any large clumps you want to keep, but subdivide the rest by gently teasing apart into smaller sections. Each new plant has to have roots and a growing bud or "eye". Pot up, label, water well and leave in a cold frame until Spring really arrives and you will have lots of new plants.



Despite the vagaries of the weather and the battering everything has taken, there is still cause for optimism: poking about in the disaster area that was my display table, I was amazed to discover what has survived, and that amongst all the debris, green shoots are appearing. Lots of cutting back and re-potting to do, and in the current climate it's a bit overwhelming, but with a bit of luck - - - who knows?

Good luck! And whatever you grow, take time to enjoy it.

Rose Rambler

**Do Something
Extraordinary**
Dedicate a tree



For a donation of £15 we will plant a tree, helping to restore hundreds of natural woodlands in the Dales – a special way to give something back to the place you love.

You can dedicate a tree on line: www.ydmt.org or call: **01524 251004**

Tour De France Update; Hawes

Great progress is being made on the plans for the TdF events for Hawes and High Abbotside.

Firstly I would like to pass on my thanks to John Blackie who has chaired the TdF committee to date and has now passed over the reins of Chairman to me to move to the delivery and execution stages! We have had some fantastic input from the residents and businesses in and around Hawes and many of the projects are starting to take shape, but before we look at these in detail I am sure that there are a number of people who are concerned about the visitor numbers and traffic management that will be in place during the weekend of the TdF.

Good news – The director for North Yorkshire Highways Mr David Bowe will be attending the Hawes and High Abbotside Parish Council meeting **from 6.00pm on 3rd March** at The Dales Countryside Museum; he will also be accompanied by John Moore who is responsible for the rollout of the superfast broadband network across the region.

They (through the chairman) will be able to take questions from residents about both topics. We would like to see as many people as possible attending this meeting so please come along and have your questions ready!

Bunting:

It has been decided to extend the bunting as far through the town and down Burtersett road as possible and including stretches in High Abbotside, initial calculations suggest that there is a total of 2km of bunting required. If we had to buy this bunting it would total around £5,000! The actual cost for material and ribbon works out around £850 so it has been decided to set about making it ourselves. If you can sew, cut or even just help laying out material then we would love to hear from you.

We will be holding several sewing sessions over the coming months and would be grateful for as many volunteers as we can to complete this huge task, if you can help please get in touch using the details below.

Flowers:

You may already have been contacted by Richard Noble about placing orders for flowers (red and white of course) to decorate the homes and businesses across the region, if not then please get in touch using the TdF email address below.

Bicycles:

Decorated bicycles will be a theme across the

upper dales with a bicycle “treasure hunt” for residents and visitors alike, to display a decorated bicycle and to take part you just need to let us know where your bicycle will be, and a clue to find it, we will do the rest.

Buskers:

We would like to see a number of buskers performing across the area, if you think you have what it takes to perform to a crowd of hundreds (or thousands) please get in touch.

Entertainment:

Starting mainly on Friday 4th the entertainment calendar is taking shape and includes a number of bands, folk singers, buskers (see above), face painters, bouncy castles amongst other things. If you have hidden skills (stilt-walking, juggling or fire eating!) please let us know and we'd be delighted to get you involved. We have booked some headline acts and have plenty of room for up and coming amateurs so if you know someone who would like to perform as a solo artist or in a band during the event please let us know.

We are planning the details of where and when the events will be taking place and I hope to have a detailed update for everyone in the next newsletter.

Volunteers:

As ever, with such a big event we will need to ask for a number of volunteers to cover a number of roles over the Friday, Saturday and even the Sunday to assist with the setting up, visitor information / assistance and the breaking down of the events across the area.

Volunteers will need to cover a number of roles from crowd management to event information and of course first aid. If you can give up even an hour or so to help out please let us know so that we can plan ahead.

All in all things are going well but as you can see there is a huge amount to do, and a huge number of volunteers required to do it but knowing what the upper dales can pull off I am sure that we can all make it an event to be proud of.

The next full TdF committee meeting is at **3:30pm on March 10th** at the Wensleydale Creamery and you are more than welcome to attend.

Griff Thomas
(Chairman Hawes and High Abbotside
TdF Committee)

Contact Details Hawestdf@outlook.com 666111

Community Office News

Do you have any stories to tell about the First World War? We'll be creating a display space for you to tell us what your family members did in WW1. We can help with typing and copying of photographs.

We'd like your contribution of ideas about car-to-hospital schemes. Grassington has a service called 'Helping Hands', run by volunteers through their Community Office. Does anyone know of other successful schemes and how they operate?

North Yorkshire County Libraries' home library service offers free access to books, audiobooks, music CDs, DVDs, large print books, children's books for people who find it difficult to get to their local library. Volunteers deliver the books once a fortnight, or you can arrange for your own volunteer to collect your books from the library. We can choose books to suit your tastes, and keep them ready for collection. You may be eligible for the free home delivery service if you are unable to get to the library yourself or carry books because of ill health or disability, or if you are a carer. You may use the service on a temporary basis, for example, only in winter, or when recovering from an illness or operation. Contact us at the Library if you'd like to join or if you would like to be a volunteer for this service.

We now have a document scanner for public use!

There are a few spaces left on our Ancestry Course on **Tuesday 11th March, 10.00am – noon**. £10, including a quarterly subscription.

Don't forget, the schedule for our Little White Bus trips is now out and we are taking bookings. (They need to be paid for at the time of booking.)

Upper Wensleydale Community Office, The Neukin, Tel: **667400**. uwco@btconnect.com

Off to a Great Start!

Museum Friends.

The February meeting, the first of this year's series of talks, was a '*Bring in extra chairs*' affair. The speaker, our ex-vet Adam Hurn captivated his audience with his work in the Dales and posed the question: The Herriot Dales– History or Myth?

Middleham and Dales Local History Group

"Tenants of the Crown" Tutor - Marion Moverley; Spring course of 3 workshop sessions beginning on **Tuesday 18th March at 2.00pm** at Middleham Key Centre and continuing on 25th March and 1st April

The Lordship of Middleham belonged to the Crown until 1628. In this short course we will see how the Crown was involved in Middleham and the dales, and the lives of their tenants. By studying a variety of documents from the reigns of Elizabeth I and James I, we will look at how the Lordship was administered, how the Crown controlled this remote part of Yorkshire, the customs that were kept, and what records were kept of the tenants.

Marion Moverley is well known in the northern dales as a local historian. She is highly respected as a tutor and regularly runs courses on topics of local historical interest. Please note that she has asked that, in order to gain maximum benefit from the course, students should bring a map of the dales to the **s e s s i o n s**.

The fee for the 3 sessions is £15 for members of MDLHG. As the number of places is limited, members will receive priority booking until **1st March**. Any remaining places will then be offered to non-members at a fee of £25 to include 2014 membership of the group. To register or for further details please contact

Tony Keates on

640436 or email:

dotandtonyk@btinternet.com

Clerk's Hours

Ian King, the Clerk of the Hawes and High Abbotside Parish Council will be in the Community Office as follows: **Tuesday 2.00 to 3.00pm and Friday 11.00am to noon** to answer any questions or to receive any representations on Council-related matters.

If he is not available, one of the Councillors will take his place.

The Filling Station

Friday 14th March, 7.00pm

at the Key Centre, Middleham. Max Wigley, Bradford Diocese Evangelist

Medal Shield Final

Thursday 13th March
Hawes United v Colburn Town
at Northallerton Town FC

**A bus has been arranged to
leave the Fountain at
6pm**

**Anyone wishing to go
please put your name, in person,
down at the Fountain with a
£2 bus charge
(money will go to the club)
*First come first serve***



Exhibition

The Yorkshire Dales
National Park Authority offices,
Yoredale, Bainbridge
open **8.30am to 4.30pm Monday to Friday**
March 2014

“Springtime in Swaledale”
and other illustrations by Carperby Art
Group



Settle-Carlisle Winter Offer:

A reminder that the £8 Day Return fare for Dales Railcard holders (only) is on again from Monday March 3rd to Saturday March 22nd. It's a bargain for trips to Leeds and Carlisle etc (check terms and conditions before travelling).

25th anniversary of the saving of the Settle to Carlisle line. This takes place on and around **April 11th**. Details will appear in the April Upper Wensleydale Newsletter.

Members of Carperby Art Group of Dales Artists were all originally taught by Winifred Hodge, and have continued to work together since Winifred's return to her native Scotland three years ago.

The members of the Group, who meet on Wednesday mornings at the Village Hall, work in all media – including watercolour, acrylics, pastels, and pen and ink – to illustrate a wide range of subjects. We hope you enjoy this small sample of their recent work.

For more information about Carperby Art Group and the exhibition please contact Lesley Knevitt at the National Park Authority, on **652326**

Wanted! Occasional Cleaner for Holiday Cottage In Burtersett



We are looking for someone who can give our cottage a thorough clean every couple of months or so.

We have a caretaker who checks the cottage between changeovers but we need someone to spend between 3 and 4 hours on an occasional basis. Times can be by arrangement but will probably need to be a Saturday over the summer period.

We are happy to pay around £50 per visit to the right person.

If you are interested, or would like to know more, please contact **Sheila or Steve on 01959523071** or email birkins78@gmail.com

Safari Supper

Saturday 8th March

7.00pm

at Thoralby Village Hall

£15 Tickets in advance only

Tel **Rona 663076 or Sue 663266**

Peter Abbott in Concert

Saturday 8th March at 8.30pm

In West Witton Village Hall

Licensed Bar

Tickets £12 from Village Shop

Keith Boddy

would like to say a huge thank you to everyone for their birthday cards and gifts he received for his 50th birthday.

The Games We Used to Play, 5 and some still do!



Walking in Borrowdale a couple of years ago and approaching Rosthwaite Youth Hostel along a woodland path, rhythmic chanting and pounding of the ground came to my ears. Then I saw about ten German teenagers all enthusiastically skipping together.

Do we still skip? Will the ‘skipping season’ soon be upon us? Certainly the Ropemakers still sell skipping ropes.

This activity goes back a long way. Even in Ancient Greece two people would hold a pole for others to jump over. Some think the ropemakers of Egypt or China invented it. In the sixteenth century skipping was done using hoops rather than ropes, and in the 17th it was mainly a boys’ activity.

There are three kinds of skipping: individual, long-rope with two ‘turners’, and double Dutch skipping with two ropes being turned in opposite directions.

By the 18th century both boys and girls were skipping and the **rhymes** started. Some of these have persisted in many parts of the country and are always accompanied by actions to each part of the rhyme, and get more and more complicated.

“Teddy bear, teddy bear turn around
Teddy bear, teddy bear touch the ground.
Teddy bear, teddy bear show your shoe
Teddy bear, teddy bear that will do!

... and so on: go upstairs, say your prayers,
turn out light, say good night.”

“I like coffee, I like tea, I like (*name a person*) to jump with me.” So friends or pairs are in and out until ‘caught out’. In “January, February, March, April...”skippers had to

get in, in the month they were born.

“All in together girls, jolly fine weather girls” was another popular rhyme, as was “Mrs D, Mrs I, Mrs F,F,I; Mrs C, Mrs U, Mrs L,T,Y. In this rhyme you’ve to do the ‘bumps’, that’s jumping to let the rope go round twice in the time. So speed is all part of the fun, especially varying it to catch out the skippers.

“Salt, mustard, vinegar, pepper” indicate the speed of turning, salt being the slowest.

In many part of the country it wasn’t easy to buy, or afford, skipping ropes— that’s where washing lines came in handy!

Do you remember other skipping rhymes?

A.S.W.

Permanent Fixture?

No longer!

After many happy years at Barclays Bank, Hawes (and sometimes at Leyburn or Richmond) **Pearl Coates** has made the somewhat difficult decision to leave, to be nearer home.

To say things have changed since she started in 1980 is something of an understatement, seeing as there were no cash machines or counter computers then! Also there were eight members of staff including Sheena Pratt, Kate Holdsworth and the Bank Manager at the time— Albert Smith.

It is impossible to summarise so many years; suffice it to say that she got a mention in the recent book *The Best Job in the Bank* by previous Bank Manager, Peter Nimmins, relating to his time at Hawes.

Over the years Pearl has been involved with Christian Aid ‘£1 for £1’, and with the Junior Youth Club when the Revs. Gordon Gatward and Chris Shreeve were here, when it was held in the Methodist rooms, together with other voluntary work.

Pearl has always appreciated the kindness, friendliness and general helpfulness of people in and around Hawes, especially on two occasions when snow meant having to stay in Hawes and locals came to the rescue!

She is sure she will be calling back from time to time, and sends her best wishes to customers and everyone who knows her in and around Hawes and further afield.



Some of the Newsletter staff at issue 100. Some still very much involved; several having moved away; one or two sadly died. All the rest not looking a day older! We are very fortunate to have others joining.

Upper Dales Family History

The next meeting of the Upper Dales Family History Group will be 'Tudor Housewife c1560-1580', a costumed food history demonstration and tasting by Jane Sammells and Rebecca Atkinson, at **2.00pm on Wednesday, March 26th**, in Fremington Sunday School near Reeth. Non-members are very welcome at £2 each; contact **01748 850423** for further information.

CAN YOU HELP-

Disabled lady living between Leyburn and Hawes requires additional Support Workers to join her exceptional team; excellent rates of pay; training available; days to suit. Telephone **Jane 01677 460051/460341**

Drop-off points and contacts

for news, articles, reports, letters, what's on dates, competition entries, suggestions and comments:

Hawes:	Alan S. Watkinson, Burnside Coach House.	667785
Gayle:	Sarah Champion 23, Little Ings	667006
Bainbridge:	Sylvia Crookes, 3, Bainside	650525
Askrigg:	Rima Berry, 8 Mill Lane	650980
Carperby:	Margaret Woodcock, Bella Cottage	663488
West Burton:	Nadine Bell, Margaret's Cottage	663559
Aysgarth:	Hamilton's Tearoom	663423
Redmire:	see Carperby above	
Thoralby:	Sandra Foley, Shop	663205



By Adrian Loveless, Carperby

Gregorian Chant Workshop

Saturday 26th April - 10am - Gregorian Chant Workshop at St Oswald's Church. £10 fee for tuition and music. Booking essential (**650880**). The day will culminate in a Service of Vespers sung in the chant at 4.00 pm - everyone welcome - free

Identified!

Great news re the article of page 22 of our February issue. The picture and the people have been identified by Mrs Peacock of Castle Bolton, who has been put in contact with Bob Ellis, who will no doubt be delighted

Moorcock Show

Sunday September 7th 2014

We are looking for people to display and sell their crafts and wares.

There will be a charge of £5 per table. For further details please contact:

Alison 667356

Thornton Rust Institute

March Events

Saturday 8th, 10.00am to noon

Coffee morning; raffle.

All welcome.

Wednesday 12th, 7.30pm

Yoredale Mine and Cave Group illustrated talk by Gerard Marsh. £3.00 including light refreshments.

Proceeds to the Institute and Swaledale Mountain Rescue